

Initial Medical Examination Report

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibri		Date: 19/8/2011	Surname: <u>Samar Ali</u>	
If a dependant enter employee's name here:		Project: <u>Thack Oman</u>	Forenames: <u>Samar Ali</u>	
Birth date:		Nationality: <u>Yemeni</u>	Address: <u>94289962</u>	
Nationality: <u>Yemeni</u>		Country of birth:	Home telephone number:	
Relationship to employee		Religion:		
☒ Male ☐ Female	☐ Married ☒ Single ☐ Separated /Divorced	☐ Wife ☐ Son ☐ Daughter		
Reason for examination		Number of children:		
Pre-Employment ☐ Job:		Pre-Overseas ☐ Area:		
Name and address of family doctor		List your last 3 jobs		
Are you a Registered Disabled Person? (UK only) ☐		(1)		
Do you belong to any Medical Insurance Scheme? ☐				
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
	Y	N	Y	N
1. Sinus trouble			21. Cancer	
2. Neck swelling/glands			22. Heart Disease	
3. Difficulty in vision			23. Rheumatic fever	
4. Any ear discharge			24. Abnormal heartbeat	
5. Asthma/bronchitis			25. High blood pressure	
6. Hayfever /other significant allergy			26. Stroke	
7. Any skin trouble			27. Serious chest pain	
8. Tuberculosis			28. Any blood disease	
9. Shortness of breath			29. Kidney disease	
10. Coughed/vomited blood			30. Blood in urine	
11. Severe abdominal pain			31. Diabetes	
12. Stomach ulcer			32. Headaches/migraine	
13. Recurrent indigestion			33. Dizziness/fainting	
14. Jaundice or hepatitis			34. Epilepsy	
15. Gall Bladder disease			35. Joints/spinal trouble	
16. Marked change in bowel habits			36. Surgical operation	
17. Blood in stools (motions)			37. Serious accident/fracture	
18. Marked change in weight			38. Serious disease	
19. Varicose veins			39. Fear of heights	
20. Lump in breast/arm/pit				
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs				
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date:		Signature of Applicant: <u>19/8/2011</u>		

Samar Ali
197206

Tab. Atorvastatin 10 mg 0-0-1 X 2 months.
Tab. fenofibrate 200mg 0-0-1 X 2 months

19/8/2021



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مستشفى عمان الخير ش.م.م
ص.ب. ٤٠٠، الرمز البريدي: ٥١١
عبر، سلطنة عمان



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION								
N	A											
		1. Eyes & Pupils										
		2. E.N.T.										
		3. Teeth & Mouth										
		4. Lungs & Chest										
		5. Cardiovascular System										
		6. Abdo. Viscera										
		7. Hernial Orifices										
		8. Anus & Rectum										
		9. Genito-urinary										
		10. Extremities										
		11. Musculo-skeletal										
		12. Skin & Varicose Vns.										
		13. C.N.S.										
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group	
185	98	28.8	130/80	72/min.	L	DISTANT						
					R	NEAR						
						R	L	R	L			
						Uncorrected						
						Corrected						
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A					
✓		1. Urinalysis							7. Audiogram			
✓		2. Hb, Bloodcount, ESR							8. Lung Function			
✓		3. LFT, RFT, RBS					✓		9. Chest X-Ray			
		4. Drug Screen					✓		10. ECG			
	✓	5. Lipids (40 years +)							11. CVS risk for 40 yrs. & above			
✓		6. Sickle Cell test					✓		12. HIV, Hepatitis screening			

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT: Hypertension, advised medication and exercise

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date:

Name (Block Capitals): Dr.

Signature:

REVIEW/CONSULTATION

Date:

19/8/2024

Name (Block Capitals): Dr.

Signature:

Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 19/8/2021
Name: Samar Ali	Department/Company: HCC Oman	
I. D No. 87258056	Tel # 94289962	Occupation: Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze

1 Slight chance of dozing

2 Moderate chance of dozing

3 High chance of dozing

0 sitting and reading

0 watching TV

0 sitting inactive in a public place (e.g. theatre or meeting)

0 as a passenger in the car for an hour without a break

0 Lying down to rest in the afternoon when circumstances permit

0 Sitting a talking with someone

0 Sitting quietly after lunch without alcohol

0 In a car, while stopped for a few minutes in traffic

Total 0

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, _____ (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 19/8/2021

Fitness to Work Certificate

Employee Data		Date <u>19/8/2021</u>	
Name <u>Samar Ali</u>		Department/Company <u>Truck Oman</u>	
I.D No. <u>87258056</u>		Age <u>33 y</u>	
		Occupation <u>Driver</u>	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor <u>Dr. Alandana Paimdi</u>	Signature <u>[Signature]</u>	Date <u>19/8/2021</u>	Date

DEPARTMENT OF LABORATORY MEDICINE

File No: 0197206	Report No: 0580723
Name: SAMAR ALI	Sample Date: 19/08/2021 Time: 17:19
Address:	Received By: JIBI
Gender: M Age: 33 Y Nationality: PAKISTANI	Received Date: 19/08/2021 Time: 17:24
GSM No.: 94289962 ID Card No.: 87258056	Report Date: 19/08/2021 Time: 18:56
Ref. By: EXTERNAL DOCTOR	Bill No: 0776689 Bill Date: 19/08/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP BELOW 40 (Truckoman)		
FBS (FASTING BLOOD SUGAR)	4.35 mmol/L	3.9 - 6.1
Method :- Hexokinase	78.3 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	6.76 mmol/L	1 - 5.1
Method:-Enzymatic	261.34 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.79 mmol/L	0.777 - 1.813
" "	30.500 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.12 mmol/L	1.295 - 4.54
" "	120.57	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	2.86 mmol/L	0.259 - 1.036
" "	110.27 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	8.56	3.8 - 5.9
TRIGLYCERIDES	6.23 mmol/L	0.564 - 2.146
Method : Enzymatic	551.355 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.3 mg/dL	0.1 - 1
Method : Diazo	5.100 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.1 mg/dL	0.1 - 0.5
Method : Diazo	1.750 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	32.80 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	43.40 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	68.22 U/L	Adult : Men -40-129

Processed By:
JIBI
Lab Technologist

Approved By:
JIBI
Lab Technologist

Released By:
JIBI
Lab Technologist

Specialist Pathologist

MOH LIC No: 4384

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104
		Children: (Aged)
		7months - 1Year :- <462
		1Year - 3 Years :- <281
		4 Years - 6 Years :- <269
		7 Years - 12 Years :- <300
		13 Years - 17 Years(M) :- <390
		13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.70 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.80 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.9 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.23	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	29.78 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.10 mmol/L	1.7 - 8.3
Method : Kinetic Assay	24.62 mg/dL	10.2 - 49.8
CREATININE - SERUM	87.31 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.99 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	11080 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	44.1 %	40-75%
LYMPHOCYTES	36.8 %	20-45%
EOSINOPHILS	4.8 %	2-6 %
MONOCYTES	13.5 %	2-8 %

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INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.8 %	0-1%
HB (HEMOGLOBIN)	14.9 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.06 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.76 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	45.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	89.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.40 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.70 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	04 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	NIL
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC

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	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
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Lab Technologist

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X-RAY REPORT

Doc No:	0058288		
Name:	SAMAR ALI		
Age/DOB:	33 Y	ID Card No	87258056
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	19/08/2021		
X-Ray Film No:	PDO		
Bill No:	0776689		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



Seal

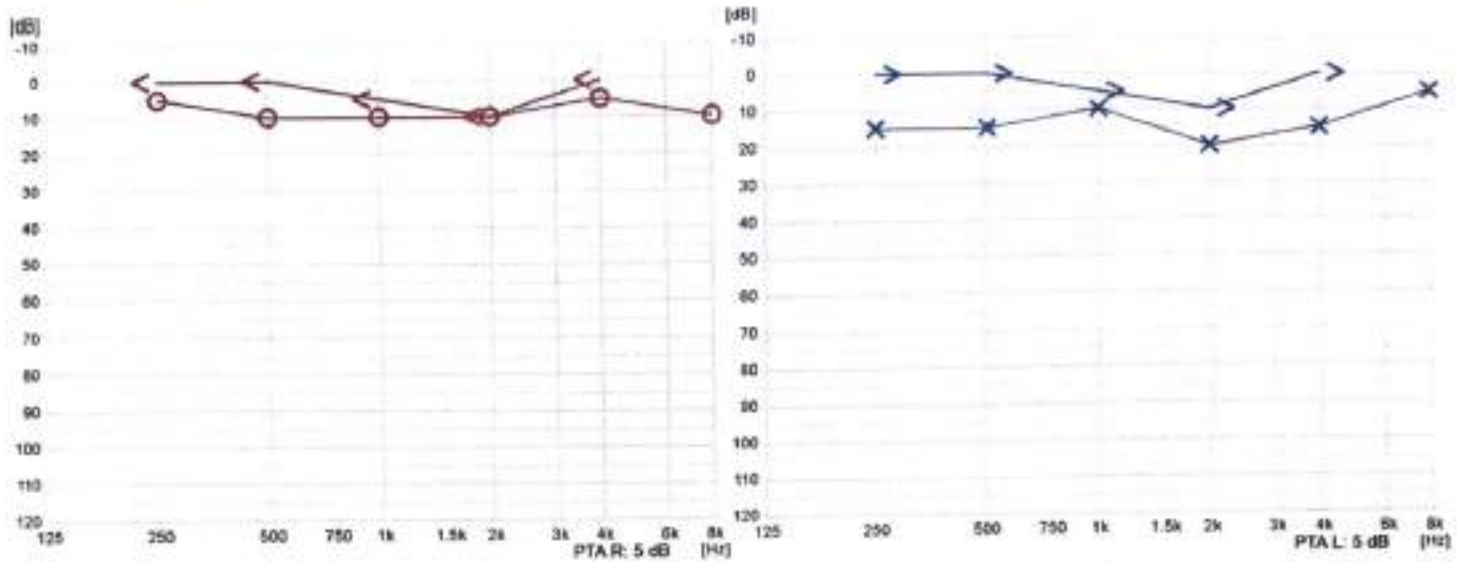
SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0776089 Last name, First name: ALJ, SAMAR Born: 19/08/2021

Test type: Tonal audiometry Test date: 19/08/2021



Legend	R	L
Air	O	X
AirMasked	Δ	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	Ø	%
Free Field/Aided	A	A
Binaural		B
No response		I

PTA
Right :- 10 dB HL
Left :- 15 dB HL

Comments: BILATERAL HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature:

[Handwritten Signature]



Date: 19/08/2021