



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Petroroleum Development Oman
MEDICAL DEPARTMENTPLEASE COMPLETE YOUR PERSONAL
DETAILS IN BLOCK CAPITALS

Surname		Forenames		Address		Home telephone number	
Syrat Abdul Qader		Muker Omar		97625808			
Place of examination		Date					
		20/12/22					
If a dependant enter employee's name here:							
Surname		Forenames					
Birth date		Nationality		Country of birth		Religion	
15/1/1980		Pakistan		Pakistan		Muslim	
☒ Male ☐ Female		☐ Married ☐ Single ☐ Separated / Divorced		☐ Wife ☐ Son ☐ Daughter		Number of children:	
Reason for examination		Pre-Employment ☐ Job:					
		Pre-Overseas ☐ Area:					
Name and address of family doctor:				List your last 3 jobs			
				(1)			
				(2)			
Are you a Registered Disabled Person? (UK only) ☐				Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)							
Y		N		Y		N	
1. Sinus trouble		☒		21. Cancer		☒	
2. Neck swelling/glands		☒		22. Heart Disease		☒	
3. Difficulty in vision		☒		23. Rheumatic fever		☒	
4. Any ear discharge		☒		24. Abnormal heartbeat		☒	
5. Asthma/bronchitis		☒		25. High blood pressure		☒	
6. Hayfever /other significant allergy		☒		26. Stroke		☒	
7. Any skin trouble		☒		27. Serious chest pain		☒	
8. Tuberculosis		☒		28. Any blood disease		☒	
9. Shortness of breath		☒		29. Kidney disease		☒	
10. Coughed/vomited blood		☒		30. Blood in urine		☒	
11. Severe abdominal pain		☒		31. Diabetes		☒	
12. Stomach ulcer		☒		32. Headaches/migraine		☒	
13. Recurrent indigestion		☒		33. Dizziness/fainting		☒	
14. Jaundice or hepatitis		☒		34. Epilepsy		☒	
15. Gall Bladder disease		☒		35. Joints/spinal trouble		☒	
16. Marked change in bowel habits		☒		36. Surgical operation		☒	
17. Blood in stools (motions)		☒		37. Serious accident/fracture		☒	
18. Marked change in weight		☒		38. Tropical disease		☒	
19. Varicose veins		☒		39. Fear of heights		☒	
20. Lump in breast/arm/pit		☒					
How much tobacco each day?				Average daily alcohol consumption			
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs							
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema ()							
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()							
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-							
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.							
Date:		Signature of Applicant					
20/12/2022							



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)				PHYSICAL EXAMINATION								
N	A											
✓		1. Eyes & Pupils		}								
✓		2. E.N.T.										
✓		3. Teeth & Mouth										
✓		4. Lungs & Chest										
✓		5. Cardiovascular System										
✓		6. Abdo. Viscera										
✓		7. Hemial Orifices										
✓		8. Anus & Rectum										
✓		9. Genito-urinary										
✓		10. Extremities										
✓		11. Musculo-skeletal										
✓		12. Skin & Varicose Vns.										
✓		13. C.N.S.										
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group	
170	73	25.2	104 70	80 /mins.	L R	DISTANT R L	NEAR R L	Uncorrected Corrected				
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A					
✓		1. Urinalysis						7. Audiogram				
✓		2. Hb, Bloodcount, ESR				✓		8. Lung Function				
✓		3. LFT, RFT, RBS				✓		9. Chest X-Ray				
		4. Drug Screen				✓		10. ECG				
✓		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above				
✓		6. Sickle Cell test						12. HIV, Hepatitis screening				
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)												
ASSESSMENT:												
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT												
Date: 20/12/2022 - Name (Block Capitals): Dr. / NHALIDANA PANIDI Signature:												
REVIEW/CONSULTATION												
Date: _____ Name / Block Capitals Dr. / Nurse _____ Signature: _____												

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Syed Abdul Qadeer.
Emp #: 88279589
Date of Assessment: 20/12/2024

1	Age	Years	42
2	Gender	Female/Male	male
3	Total Cholesterol	mmol/L	5.03
4	HDL Cholesterol	mmol/L	1.02
5	Smoker	Yes/No	No
6	Diabetes	Yes/No	No
7	Systolic Blood pressure	mm Hg	104
8	Is the patient being treated for High blood pressure?	Yes/No	No

Framingham Risk score: 7.9 %

Framingham Risk Rating (Circle the appropriate score):

☒ Low ☐ Medium ☐ High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 20/12/22
Name: Syed Abdul Qadeer		Department/Company: Trade Monasteria
I. D No. 88279589	Tel # 97625808	Occupation:

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

☒	sitting and reading
☒	watching TV
☒	sitting inactive in a public place (e.g. theatre or meeting)
☒	as a passenger in the car for an hour without a break
☒	Lying down to rest in the afternoon when circumstances permit
☒	Sitting and talking with someone
☒	Sitting quietly after lunch without alcohol
☒	In a car, while stopped for a few minutes in traffic
Total	1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Syed Abdul Qadeer (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature:  20/12/2022

Fitness to Work Certificate

Employee Data		Date 20/12/2020	
Name Syed Abdul Qader		Department/Company 79 Gulshan North	
ID No. 88279567	Age 42 y	Occupation	
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers - group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers - group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Lifting, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor Dr. Pandana P	Signature [Signature]	Date 20/12/2020	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0223647
Name: SYED ABDUL QADEER
Address:
Gender: M **Age:** 42 Y **Nationality:** PAKISTANI
GSM No.: TONY **ID Card No.:** 88279589
Ref. By: 79316633
EXTERNAL DOCTOR

Report No: 0642315
Sample Date: 20/12/2022 **Time:** 10:09
Received By: SREERAJ
Received Date: 20/12/2022 **Time:** 10:18
Report Date: 20/12/2022 **Time:** 11:32
Bill No: 0856372 **Bill Date:** 20/12/2022
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	6.0 mmol/L	3.9 - 6.1
Method - Hexokinase	108 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.03 mmol/L	1 - 5.1
Method-Enzymatic	194.46 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.02 mmol/L	0.777 - 1.813
Method-Enzymatic	39.43 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.34 mmol/L	1.295 - 4.54
Method-Calculation	129.01 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.67 mmol/L	0.259 - 1.036
Method-Calculation	26.02 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	4.93	3.8 - 5.9
Method-Calculation		
TRIGLYCERIDES	1.47 mmol/L	0.564 - 2.146
Method : Enzymatic	130.095 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.60 mg/dL	0.1 - 1
Method : Diazo	10.26 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.25 mg/dL	0.1 - 0.5
Method : Diazo	4.28 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	13.80 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	17.40 U/L	Male: 10-50 Female: 10-35

Jibi
Processed By:
JIBI
Lab Technologist
MOH LIC No: 4364

Approved By:
SREERAJ
Lab Technologist

Sreeraj
Released By:
SREERAJ
Lab Technologist
MOH License No: 8844

Shayfa P
DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475



DEPARTMENT OF LABORATORY MEDICINE

File No: 0223647	Report No: 0642315
Name: SYED ABDUL QADEER	Sample Date: 20/12/2022 Time: 10:09
Address:	Received By: SREERAJ
Gender: M Age: 42 Y Nationality: PAKISTANI	Received Date: 20/12/2022 Time: 10:18
GSM No.: TONY ID Card No.: 88279589	Report Date: 20/12/2022 Time: 11:32
Ref. By: 79316623 EXTERNAL DOCTOR	Bill No: 0856372 Bill Date: 20/12/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	74.13 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :-<390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.98 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.65 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.33 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.4	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	20.16 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.10 mmol/L	1.7 - 8.3
Method : Kinetic Assay	24.62 mg/dL	10.2 - 49.8
CREATININE - SERUM	84.77 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.96 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	8860 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	59.3 %	40-75%

Processed By:
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Lab Technologist
MOH LIC No: 4384

Approved By:
SREERAJ
Lab Technologist

Released By:
SREERAJ
Lab Technologist
MOH License No: 8644

DR. SHAYFA P
Specialist Pathologist
MOH LIC NO:13475

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Page 2 of 4

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INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	28.0 %	20-45%
EOSINOPHILS	4.2 %	2-6 %
MONOCYTES	7.6 %	2-8 %
BASOPHILS	0.9 %	0-1%
HB (HEMOGLOBIN)	16.6 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.80 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	2.54 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	51.40 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	88.60 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.60 PG	27 - 33 PG
MCHC (MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.30 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation. Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL

NEGATIVE

Method : -Haemoglobin solubility test



DR. SHAYFA P
Specialist Pathologist

MOH LIC NO:13475

Processed By:
JIBI

Lab Technologist

MOH LIC No: 4384

Approved By:
SREERAJ

Lab Technologist

Released By:
SREERAJ

Lab Technologist

MOH License No: 6644

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Page 3 of 4

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Ref. By: 799486323 EXTERNAL DOCTOR	Bill No: 0856372 Bill Date: 20/12/2022
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method :- Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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MOH LIC NO:13475

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Page 4 of 4

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X-RAY REPORT

Doc No:	0066636
Name:	SYED ABDUL QADEER
Age/DOB:	42 Y Omani ID/ L.Card No:: 88279589
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	20/12/2022
X-Ray Film No:	TO
Bill No:	0856372
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 



DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21068
ASTER HOSPITAL IBRI

Rate	68
------	----

PR 170

QRSD 89

408 JG

QTC 434

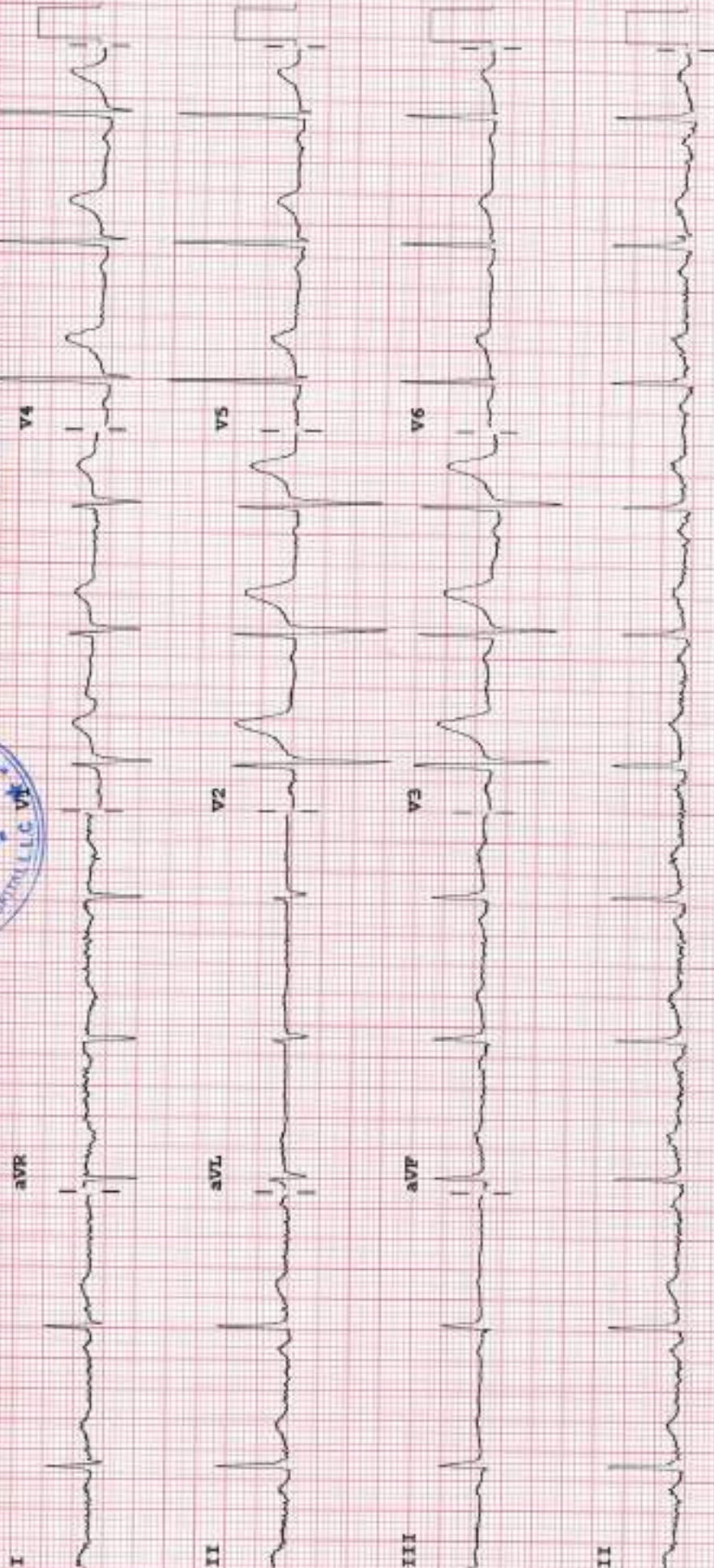
--AXIS--

६६

QRS 69

T 45

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

limb: 10 mm - equal

Chet: 100 mm/m²

50~0.50~40 Bz W

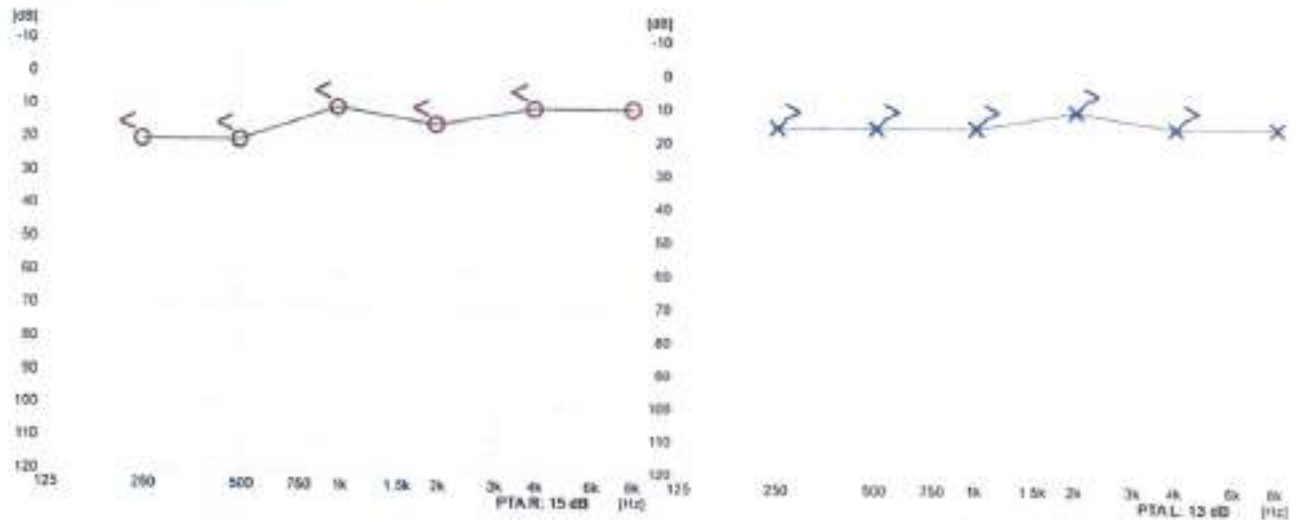
Q 134

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64

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0856372	Last name , First name SYED ABUL , QADEER	Born: 20.12.2022
Test type: Tonal audiometry	Test date: 20.12.2022	



Legend	R	L
Air	O	X
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free FieldMasked	A	A
Binaural	B	
No response	I	

PTA

Right: 15 dBHL

Left: 13 dBHL

Comments
BILATERAL NORMAL HEARING SENSITIVITY

Signature:

Handled by Hedera Biomedics 44 2022 - www.hedera-biomedics.com



Date: 20/12/2022