



11.32 Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

 Petroleum Development Oman MEDICAL DEPARTMENT PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS		Surname RAHULKUMAR	
		Forenames JABARBHAI	
Place of examination		Address	
Date 4/6/2023		Home telephone number 98875754	
If a dependant enter employee's name here			
Surname		Forenames	
Birth date 11/9/1988		Country of birth INDIA	
Nationality INDIAN		Religion INDIA	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	Relationship to employee ☐ Wife ☐ Son ☐ Daughter	Number of children
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:			
Name and address of family doctor		List your last 3 jobs (1) (2)	
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐	
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (T) if uncertain exclude minor ailments.)			
	Y	N	Y
1. Sinus trouble		/	21. Cancer
2. Neck swelling/glands		/	22. Heart Disease
3. Difficulty in vision		/	23. Rheumatic fever
4. Any ear discharge		/	24. Abnormal heartbeat
5. Asthma/bronchitis		/	25. High blood pressure
6. Hayfever /other significant allergy		/	26. Stroke
7. Any skin trouble		/	27. Serious chest pain
8. Tuberculosis		/	28. Any blood disease
9. Shortness of breath		/	29. Kidney disease
10. Coughed/vomited blood		/	30. Blood in urine
11. Severe abdominal pain		/	31. Diabetes
12. Stomach ulcer		/	32. Headaches/migraine
13. Recurrent indigestion		/	33. Dizziness/fainting
14. Jaundice or hepatitis		/	34. Epilepsy
15. Gall Bladder disease		/	35. Joints/spinal trouble
16. Marked change in bowel habits		/	36. Surgical operation
17. Blood in stools (motions)		/	37. Serious accident/fracture
18. Marked change in weight		/	38. Tropical disease
19. Varicose veins		/	39. Fear of heights
20. Lump in breast/arm/pit		/	
How much tobacco each day?		Average daily alcohol consumption	
Have you ever taken illicit drugs? () PDO test all new/potential employees for illicit/recreational drugs			
FAMILY HISTORY: Diabetes () Tuberculosis () Epilepsy () Asthma () Eczema () Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()			
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-			
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.			
Date: 4/6/2023		Signature of Applicant: Rd	

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION									
N	A										
✓		1. Eyes & Pupils									
✓		2. E.N.T.									
✓		3. Teeth & Mouth									
✓		4. Lungs & Chest									
✓		5. Cardiovascular System									
✓		6. Abdo. Viscera									
✓		7. Hemal Orifices									
✓		8. Anus & Rectum									
✓		9. Genito-urinary									
✓		10. Extremities									
✓		11. Musculo-skeletal									
✓		12. Skin & Vascular Vns.									
		13. C.N.S.									
HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING L	VISION DISTANT		NEAR		Colour Vision	Blood Group
175	74	24.2	130/80	67	R	Uncorrected	6/6	6/6			
					R	Corrected					
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A				
✓		1. Urinalysis				✓		7. Audiogram			
✓		2. Hb, Bloodcount, ESR				✓		8. Lung Function			
✓		3. LFT, RFT, RBS				✓		9. Chest X-Ray			
✓		4. Drug Screen				✓		10. ECG			
✓		5. Lipids (40 years +)						11. CVS risk for 40 yrs. & above			
✓		6. Sickle Cell test						12. HIV, Hepatitis screening			
OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)											
ASSESSMENT:											
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT											
Date: 4/6/2023		Name (Block Capitals): Dr. Raghuvaran				Signature: Dr. Raghuvaran					
REVIEW/CONSULTATION											
Date: 4/6/2023		Name (Block Capitals): Dr. Raghuvaran				Signature: Dr. Raghuvaran					

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: RAHUL KUMAR

Emp #:

Date of Assessment: 1/13/2023

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 7-9 %

Framingham Risk Rating (Circle the appropriate score):

Low Medium High

Any further action or recommendation:

Assessment of RAHUL KUMAR conducted by



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 4/16/2023
Name: RAHULKUMAR SABARHAN		Department/Company: T.O.
I.D. No. 113039364	Tel # 98875754	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0	Would never doze
1	Slight chance of dozing
2	Moderate chance of dozing
3	High chance of dozing

0	sitting and reading
0	watching TV
0	sitting inactive in a public place (e.g. theatre or meeting)
0	as a passenger in the car for an hour without a break
1	Lying down to rest in the afternoon when circumstances permit
0	Sitting and talking with someone
0	Sitting quietly after lunch without alcohol
0	In a car, while stopped for a few minutes in traffic

Total

If you score a total of 15 or more, you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, RAHULKUMAR, certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: [Signature] Date: 4/16/2023

Fitness to Work Certificate

Employee Data		Date 4/6/2023	
Name RAHUL KUMAR JABARB HAS		Department/Company T.O.	
I.D No. 113039364	Age 41	Occupation	
Type of Medical Evaluation		Mark those applying +	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☐
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers – group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers – group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions		☒	
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of Health Advisor DR. KROMOLA SARASWAT	Signature	Date 4/6/2023	Date



DEPARTMENT OF LABORATORY MEDICINE

File No: 0224755	Report No: 0661044
Name: RAHULKUMAR JABARBHAI	Sample Date: 04/06/2023 Time: 9:34
Address:	Received By: 181773
Gender: M Age: 41 Y Nationality: INDIAN	Received Date: 04/06/2023 Time: 9:43
GSM No.: 98875754 ID Card No.: 113039364	Report Date: 04/06/2023 Time: 13:06
Ref. By: EXTERNAL DOCTOR	Bill No: 0879682 Bill Date: 04/06/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.53 mmol/L	3.9 - 6.1
Method : Hexokinase	99.54 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.42 mmol/L	1 - 5.1
Method:-Enzymatic	209.54 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	0.960 mmol/L	0.777 - 1.813
Method:-Enzymatic	37.11 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	3.75 mmol/L	1.295 - 4.54
Method:-Calculation	144.82 mg/dl	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.72 mmol/L	0.259 - 1.036
Method:-Calculation	27.61 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.65	3.8 - 5.9
Method:-Calculation		
TRIGLYCERIDES	1.56 mmol/L	0.564 - 2.146
Method : Enzymatic	138.06 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.687 mg/dL	0.1 - 1
Method : Diazo	11.75 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.223 mg/dL	0.1 - 0.5
Method : Diazo	3.81 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	25.86 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	50.18 U/L	Male: 10-50 Female: 10-35

Ashwini
Processed By:
ASHWINI
Lab Technologist

MOH License No: 16064

THANSILA THAHA
LAB TECHNICIAN
Approved By:
181773
Lab Technologist

Lab Technologist

Shayfa
Released By:
181773
Lab Technologist

MOH License No: 21829

Shayfa
DR. SHAYFA P
Specialist Pathologist

MOH LIC NO: 13475

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0224755	Report No: 0661044
Name: RAHULKUMAR JABARBHAI	Sample Date: 04/06/2023 Time: 9:34
Address:	Received By: 181773
Gender: M Age: 41 Y Nationality: INDIAN	Received Date: 04/06/2023 Time: 9:43
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Ref. By: EXTERNAL DOCTOR	Bill No: 0879682 Bill Date: 04/06/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	96.24 U/L	Adult : Men -40-129 :Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.30 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.2 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.1 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.35	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	35.52 U/L	Men : 8-61 Female : 5-36
Method :-Enzymatic Assay		
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	4.54 mmol/L	1.7 - 8.3
Method : Kinetic Assay	27.27 mg/dL	10.2 - 49.8
CREATININE - SERUM	84.42 µmol/L	44.2 - 123.7
Method :-Jaffe Method	0.95 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	6370 cells/cumm	4000 - 11000 cells/cumm
Method :-Fluorescence Flow Cytometry		
DC (DIFFERENTIAL COUNT)		
Method :-Fluorescence Flow Cytometry		
NEUTROPHILS	56.4 %	40-75%

Ashwini

Processed By
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Lab Technologist

MOH License No: 16064

THANSILA THAHA
LAB TECHNICIAN
REG No: 21829

Approved By
181773
Lab Technologist

Thansila Thaha

Released By
181773
Lab Technologist

MOH License No: 21829

Dr. Shayfa P

DR. SHAYFA P
Specialist Pathologist

MOH LIC NO: 13476

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0224755	Report No: 0661044
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Address:	Received By: 181773
Gender: M Age: 41 Y Nationality: INDIAN	Received Date: 04/06/2023 Time: 9:43
GSM No.: 98875754 ID Card No.: 113039364	Report Date: 04/06/2023 Time: 13:06
Ref. By: EXTERNAL DOCTOR	Bill No: 0879682 Bill Date: 04/06/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
LYMPHOCYTES	35.2 %	20-45%
EOSINOPHILS	2.0 %	2-6 %
MONOCYTES	6.1 %	2-8 %
BASOPHILS	0.3 %	0-1%
HB (HEMOGLOBIN)	14.4 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
Method : -Cyanide-free SLS haemoglobin		
TOTAL RBC COUNT	5.04 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
Method : - Hydrodynamically focussed impedance		
PLATELET COUNT	1.79 lakhs/cumm	1.0 - 4.0 lakhs / cumm
Method : - Hydrodynamically focussed impedance		
PCV (PACKED CELL VOLUME)	41.80 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	82.90 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.60 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	34.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	03 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation. Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test

SICKLE CELL NEGATIVE

Method : -Haemoglobin solubility test

Ashwini

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ASHWINI

Lab Technologist

MOH License No: 18064

Approved By:
181773

Lab Technologist

THANSILA THANA
LAB TECHNICIAN
REG No.: 21829

Released By:
181773

Lab Technologist

MOH License No: 21829

DR. SHAYEA P.
Specialist Pathologist

MOH LIC NO:13475

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0224755	Report No: 0861044
Name: RAHULKUMAR JABARBHAI	Sample Date: 04/06/2023 Time: 9:34
Address:	Received By: 181773
Gender: M Age: 41 Y Nationality: INDIAN	Received Date: 04/06/2023 Time: 9:43
GSM No.: 98875754 ID Card No.: 113039364	Report Date: 04/06/2023 Time: 13:06
Ref. By: EXTERNAL DOCTOR	Bill No: 0879682 Bill Date: 04/06/2023
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
URINE ROUTINE		
URINE BIOCHEMISTRY		
Method - Colorimetric Assay		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	0-2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Ashwini
Processed By:
ASHWINI
Lab Technologist

MOH License No: 18084

Thansila Thaha
Approved By: **THANSILA THAHA**
Lab Technologist
181773
Released By: **181773**
Lab Technologist

MOH License No: 21829

Dr. Shayfa P
Specialist Radiologist
MOH LIC-NO: 13475

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X-RAY REPORT

Doc No:	0071458
Name:	RAHULKUMAR JABARBHAI
Age/DOB:	41 Y Omani ID/ L.Card No:: 113039364
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	04/06/2023
X-Ray Film No:	TO
Bill No:	0879682
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: 

DR. NITHINMON CU
SPECIALIST RADIOLOGY
MOH Licence: 21058
ASTER HOSPITAL IBRI



224755

rahulumar jabarbhahi

6/4/2023 11:14:49 AM

Aster Hospital IBRI

ECG Room

ECG Room

Rate 55

PR 168

QRSD 104

QT 416

QTc 398

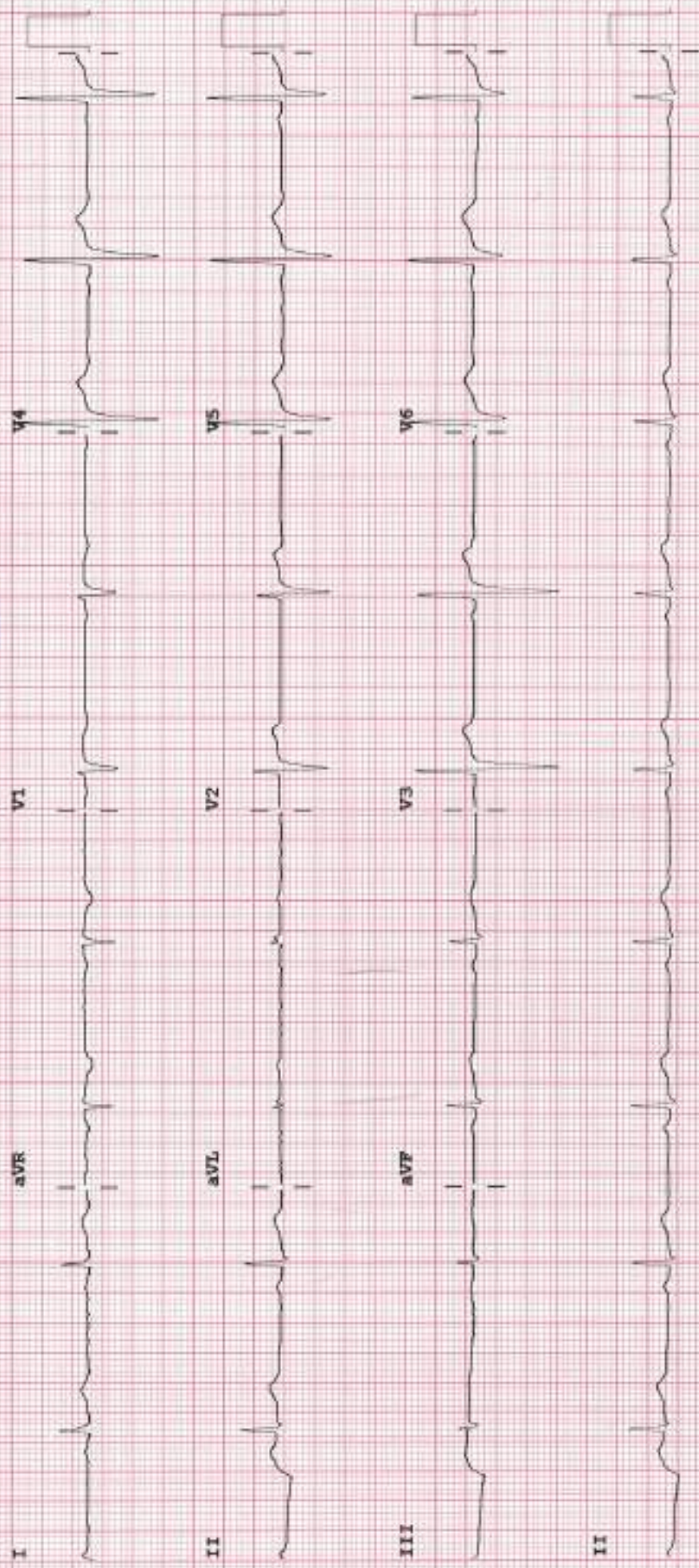
--AXIS--

P 40

QRS 32

T 31

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50- 0.50- 40 Hz W

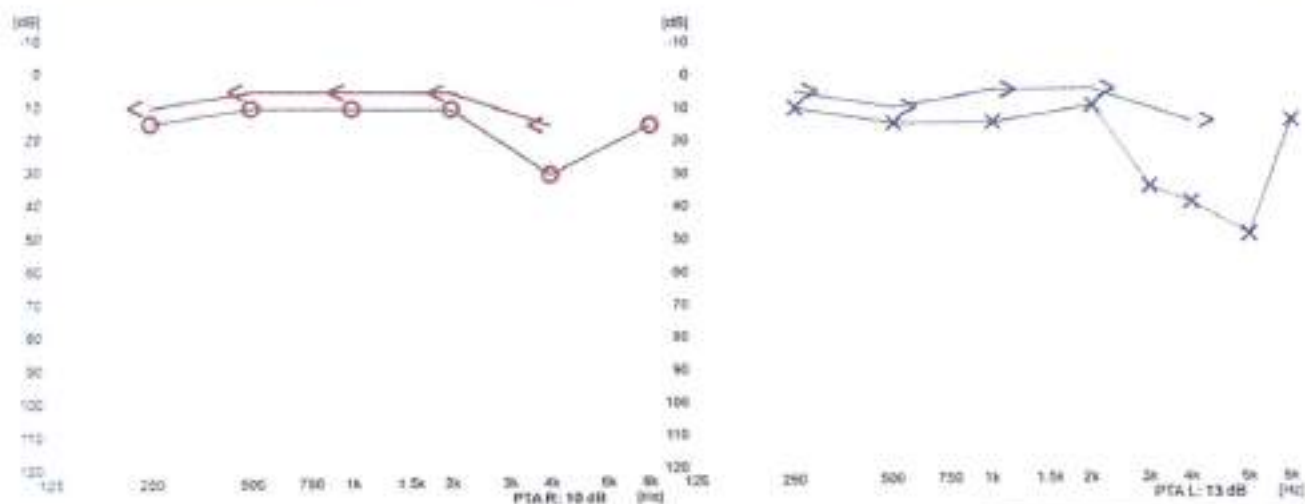
PH10

L

P7

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0879662	Last name, First name RAHUL KUMAR, JABAR	Born: 04.06.2023
Test type: Tonal audiometry	Test date: 04.06.2023	



Legend	R	L
Air	○	×
AirMasked	△	□
Bone	<	>
BoneMasked	[	]
MCL	M	M
UCL	m	m
Free Field	⊙	⊗
Free FieldGuided	A	A
Binaural	B	
No response	↑	

Comments

RIGHT NORMAL HEARING (WITH MILD DIP AT 4KHZ)

LEFT NORMAL HEARING (WITH MODERATE DIP AT 4& 6 KHZ)-NOISE INDUCED HEARING LOSS

Signature:



Date: 4/06/2023