Appendix 32: EX1 Form (Initial Examination Report)

INITIAL EXAMINATION REPORT (MEDICAL – CONFIDENTIAL)

Petroleum Development Oman
MEDICAL DEPARTMENT

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname: CARILO ARENDON
Forenames: JOVITO JR
Address:
Home telephone number:

Place of examination: NML AL HAIL Date: 25/02/2023

If a dependent enter employee's name here:
Surname: Forenames:

Birth date: 16/02/1966 Nationality: PHILIPPINO Country of birth: Religion:

☑ Male ☐ Female ☑ Married ☐ Single ☐ Separated /Divorced
Relationship to employee: ☐ Wife ☐ Son ☐ Daughter
Number of children:

Reason for examination: Pre-Employment ☐ Job:
Pre-Overseas ☐ Area:

Name and address of family doctor:

List your last 3 jobs
(1)
(2)

Are you a Registered Disabled Person? (UK only) ☐
Do you belong to any Medical Insurance Scheme? ☐

DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)

	Y	N		Y	N		Y	N
1. Sinus trouble		✓	21. Cancer		✓	**HAVE YOU EVER BEEN:-**		
2. Neck swelling/glands		✓	22. Heart Disease		✓	40. Rejected for employment or insurance for medical reasons		✓
3. Difficulty in vision		✓	23. Rheumatic fever		✓			
4. Any ear discharge		✓	24. Abnormal heartbeat		✓	41. Awarded benefits for industrial injury/illness		✓
5. Asthma/bronchitis		✓	25. High blood pressure	✓				
6. Hayfever /other significant allergy		✓	26. Stroke		✓	42. Treated for a mental condition, e.g. depression		✓
7. Any skin trouble		✓	27. Serious chest pain		✓			
8. Tuberculosis		✓	28. Any blood disease		✓	43. Treated for problem drinking or drug abuse		✓
9. Shortness of breath		✓	29. Kidney disease		✓			
10. Coughed/vomited blood		✓	30. Blood in urine		✓	44. Exposed to toxic substance or noise		✓
11. Severe abdominal pain		✓	31. Diabetes		✓			
12. Stomach ulcer		✓	32. Headaches/migraine		✓	**FOR WOMEN ONLY**		
13. Recurrent indigestion		✓	33. Dizziness/fainting		✓	Have you ever had -		
14. Jaundice or hepatitis		✓	34. Epilepsy		✓	45. An abnormal smear		
15. Gall Bladder disease		✓	35. Joints/spinal trouble		✓	46. Any gynaecological treatment		
16. Marked change in bowel habits		✓	36. Surgical operation		✓			
17. Blood in stools (motions)		✓	37. Serious accident/fracture		✓	47. Are you pregnant?		
18. Marked change in weight		✓	38. Tropical disease		✓	48. HAVE YOU HAD AN ILLNESS NOT MENTIONED ABOVE		
19. Varicose veins		✓	39. Fear of heights		✓			
20. Lump in breast/armpit		✓						

How much tobacco each day? 0
Average daily alcohol consumption: Occasionally

Have you ever taken elicited drugs? ( ) PDO test all new/potential employees for elicited/recreational drugs

FAMILY HISTORY: Diabetes (✗) Tuberculosis (✗) Epilepsy (✗) Asthma (✓) Eczema (✗)
Heart disease (✗) High blood pressure (✗) Stroke (✗) Blood Disease (✗) Cancer (✗)

PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-

I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. **I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.**

Date: **Signature of Applicant:**

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION
N	A		
✓		1. Eyes & Pupils	
✓		2. E.N.T.	
✓		3. Teeth & Mouth	
✓		4. Lungs & Chest	
✓		5. Cardiovascular System	
✓		6. Abdo. Viscera	
✓		7. Hernial Orifices	
✓		8. Anus & Rectum	
✓		9. Genito-urinary	
✓		10. Extremities	
✓		11. Musculo skeletal	
✓		12. Skin & Varicose Vns.	
✓		13. C.N.S.	

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION				Colour Vision	Blood Group
							DISTANT		NEAR		
							R	L	R	L	
163 cm	66 kg	23.11	140/89	94/mins.	L 3 R (N)	Uncorrected				(N)	
						Corrected	6/6	6/6	(N)	(N)	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis		✓		7. Audiogram
✓		2. Hb, bloodcount, ESR		✓		8. Lung Function
✓		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☐ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: Name (Block Capitals): Dr. / Nurse Signature:

REVIEW/CONSULTATION

26/2/2023

DR. NADIA FAHAD
General Practitioner
NGH Lic. No: 17683
nmc specialty hospital, Al Hail

Date: Name (Block Capitals): Dr. / Nurse Signature:

DEPARTMENT OF LABORATORY MEDICINE

File No:	35083098	**Report No:**	0078312		
Name:	JOVITO JR CARILLO ARENDON	**Sample Date:**	25/02/2023	**Time:**	10:12
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 57 Y **Nationality:** PHILLIPINE	**Report Date:**	25/02/2023	**Time:**	12:58
GSM No.:	79154328 **ID Card No.:** P9367577B	**Bill No:**	0216258	**Bill Date:**	25/02/2023
Ref. By:	DR NADIA FAHAD	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
PDO Package – 2 (Above 50 yrs)		
COMPLETE BLOOD COUNT		
TOTAL WBC COUNT	4.80 x 10^3 / µL	4.00-11.00 x 10^3 / µL
DIFFERENTIAL COUNT		
NEUTROPHIL (%)	56.70 %	40-75%
LYMPHOCYTE (%)	30.30 %	20-45%
MONOCYTE (%)	6.30 %	2-8%
EOSINOPHIL (%)	6.30 %	1-6%
BASOPHIL (%)	0.40 %	0-1%
HAEMOGLOBIN	13.70 gm/dl	Male : 13 -18 gm/dl Female:11-15 gm /dl childrens upto 1year-11.0 - 13.0 gm /dl upto12years-11.5 - 14.5 gm /dl cord blood:13 -19.5 gm /dl
RBC COUNT	4.49 million/cu	Male :4.5-6.5 million/cu Female:3.9-5.5 million/cu
PLATELET COUNT	163.00 x 10^3 / µL	150 - 400 x 10^3 / µL
HEMATOCRIT	40.40 %	Male :42 - 52% Female:37- 47%
MCV	90.00 fl	76 - 96 fl
MCH	30.50 pg	27 - 33 pg
MCHC	33.90 gm/dl	32 - 36 gm/dl
SICKLE CELL Method : Solubility test (If Positive , Hb Electrophoresis / HPLC to be done to confirm Sickle cell anaemia / Trait).	NEGATIVE	
LIVER FUNCTION TEST		
TOTAL BILIRUBIN	13.55 µ mol/L	Adults:- up to 21 µ mol/L, Children >1 month - up to 17 µ mol/L, Neonates :- 1.7 - 180 µmol/L

Verified By:

10756
Lab Technologist
Electronically signed at: 2/25/2023 12:59:00

Approved By:

DR ROSE MARY
Specialist Pathologist
MOH License No: 18178
Electronically signed at: 25/02/2023 1:00:00 PM

Printed at: 25/02/2023 4:12:55 PM

DEPARTMENT OF LABORATORY MEDICINE

File No:	35083098	**Report No:**	0078312		
Name:	JOVITO JR CARILLO ARENDON	**Sample Date:**	25/02/2023	**Time:**	10:12
		Received By:			
Address:		**Received Date:**		**Time:**	
Gender:	M **Age:** 57 Y **Nationality:** PHILIPINE	**Report Date:**	25/02/2023	**Time:**	12:58
GSM No.:	79154328 **ID Card No.:** P9357577B	**Bill No:**	0216258	**Bill Date:**	25/02/2023
Ref. By:	DR NADIA FAHAD	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
DIRECT BILIRUBIN	4.63 µ mol/L	Adults :- 0 - 5.0 µ mol/L, Neonates:- 0-10 µ mol/L,
TOTAL PROTIEN	75.31 g/L	Adults : 66 - 87 g/L
ALBUMIN	49.21 g/l	39.7 - 49.4 g/l
Globulin	26.1 g/L	23-35g/L
SGOT (AST)	188.04 U/L	MALE : up to 40 U/L, FEMALE : up to 32 U/L.
SGPT (ALT)	104.13 U/L	MALE : up to 41 U/L, FEMALE : up to 33 U/L.
ALKPO4 (ALP)	68.64 U/L	Adults: MALES: 40 - 129 U/L, FEMALES: 35 - 104 U/L.
Gamma GT (GGT)	17.92 U/L	MALE- 8 - 61 U/L, FEMALE- 5 - 36 U/L
RENAL FUNCTION TEST		
URIC ACID	434.78 µ mol/L	MALE: 202.3 - 416.5 µ mol/L, FEMALE: 142.8 - 339.2 µ mol/L
CREATININE	85.44 µ mol/L	Adults: MALE: 62 – 106 µ mol/L FEMALE: 44 - 80 µ mol/L
UREA	4.93 mmol/L	2.76 - 8.07 mmol/L
LIPID PROFILE		
TOTAL CHOLESTEROL	4.94 mmol/L	< 5.18 mmol/L
HDL	1.45 mmol/L	>1.5 mmol/L
TRIGLYCERIDES	0.78 mmol/L	Desirable : <2.083 mmol/L Boderline high : 2.83 - 5.67 mmol/L Hypertriglyceridemia >5.65 mmol/L
LDL	3.25 mmol/L	< 2.6 mmol/L
VLDL	0.35 mmol/L	0.128-0.645mmol/L

Verified By:

10756
Lab Technologist
Electronically signed at: 2/25/2023 12:59:00

Approved By:

DR ROSE MARY
Specialist Pathologist
MOH License No: 18178
Electronically signed at: 25/02/2023 1:00:00 PM

C.R. No. 1003137
Sultanate of Oman
RECEPTION
nmc specialty hospital, Al Hail

nmc specialty hospital

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Printed at: 26/02/2023 4:12:55 PM

DEPARTMENT OF LABORATORY MEDICINE

File No:	35083098	**Report No:**	0078312		
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GSM No.:	79154328 **ID Card No.:** P9357577B	**Bill No:**	0216258	**Bill Date:**	25/02/2023
Ref. By:	DR NADIA FAHAD	**Report Status:**	Final		

INVESTIGATION	RESULT	REFERENCE RANGE
FASTING BLOOD SUGAR	5.87 mmol/L	4.11 - 6.05 mmol/L
URINE ROUTINE		
URINE BIOCHEMISTRY		
URINE GLUCOSE	NEGATIVE	NEGATIVE
URINE PROTEIN	NEGATIVE	NEGATIVE
URINE KETONE	NEGATIVE	NEGATIVE
URINE BILIRUBIN	NEGATIVE	NEGATIVE
NITRITE	NEGATIVE	NEGATIVE
URINE PH	6.5	4.6-8.0
SPECIFIC GRAVITY	1.010	1.010-1.030
BLOOD	NEGATIVE	NEGATIVE
UROBILINOGEN	NORMAL	NORMAL
URINE MACROSCOPY		
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
URINE MICROSCOPY		
RBC	0-2 /hpf	0-3
PUSCELLS	0-1 /hpf	0-5
EPITHELIAL CELLS	1-2 /hpf	NIL
CRYSTAL	NIL /hpf	NIL
CAST	NIL /hpf	NIL
BACTERIA	NIL	NIL
MUCOUS THREAD	NIL	NIL

Verified By:

10756
Lab Technologist
Electronically signed at: 2/25/2023 12:59:00

Approved By:

DR ROSE MARY
Specialist Pathologist
MOH License No: 18178
Electronically signed at: 25/02/2023 1:03:00 PM

C.R. No. 1668137 Sultanate of Oman
RECEPTION
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Printed at: 26/02/2023 4:12:55 PM

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ARENDON, JOVITO JR CARILLO
35083098

Patient Information

2/25/2023 10:44:57 AM
Bruce

ID: 35083098 | Second ID: | Admission ID:

Date of Birth:
Age: 57 Years

Height: 169 cm
Weight: 66 kg

Gender: Male
Race: Unknown

Indications
Routine

Medications
Antihypertensive

Referring Physician: DR ERFAN | Location: NMC AL HAIL | Procedure Type: TMT

Attending Phy: DR ERFAN
Technician: ROBY

Target HR: 139 bpm (85%)
Max HR(%MPHR): 143 bpm (87%)

Reasons for end: Target HR
Symptoms: NO CHEST PAIN

Diagnosis

Notes

Conclusions

The patient was tested using the Bruce protocol for a duration of 09:05 mm:ss and achieved 12.1 METs. A maximum heart rate of 143 bpm with a target predicted heart rate of 102% was obtained at 05:10. A maximum systolic blood pressure of 209/116 was obtained at 07:51 and a maximum diastolic blood pressure of 209/116 was obtained at 07:51. A maximum ST depression of -0.9 mm in aVR occurred at 10:00. A maximum ST elevation of +2.6 mm in V2 occurred at 10:00. The patient reached target heart rate with appropriate heart rate and blood pressure response to exercise.

Reviewed by:

UNCONFIRMED REPORT

Signed by:

Date:

ARENDON, JOVITO JR CARILLO **Exam Summary** **2/25/2023 10:44:57 AM**

36083098

Bruce

Summary

Exercise Time: 09:05
Leads with 100uV ST: II, V2, V3
PVCs: 0
Duke Treadmill Score: 5

Max Values

Speed: 4.2 MPH HR: 143 BPM 87% of MPHR (163 bpm)
Grade: 16 % SBP: 209/116 mmHg
METs: 12.1 DBP: 209/116 mmHg
HR*BP: 23826 BPM * mmHg
ST/HR Index: 1.32 uV/bpm In aVR at 00:30

Max ST

ST elevation: 2.6 mm in V2 at 10:00
ST depression: -0.9 mm in aVR at 10:00

Max ST Changes

ST elevation change: 0.7 mm in V3 at 10:00
ST depression change: -0.7 mm in II at 09:10

STAGE SUMMARY

ST measurement taken on J+60ms

		Speed (MPH)	Grade (%)	HR (BPM)	BP (mmHg)	METs	HR*BP	ST LEVEL (mm) I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
BP	PRE-X	0.0	0.0	45	154/94	-	6930	0.1	0.7	0.6	-0.5	-0.3	0.6	0.6	1.9	1.2	0.4	-0.1	0
START EXE	EXE 00:00	0.0	0.0	47	-	3	-	0.1	0.7	0.6	-0.5	-0.3	0.7	0.6	1.9	1.2	0.4	0	0
BP	EXE 02:36	1.7	10.0	84	161/92	4.7	13524	0.3	0.8	0.4	-0.6	-0.1	0.6	0.3	1.7	1.5	0.7	0.2	0.1
STAGE 1	EXE 03:00	1.7	10.0	84	-	4.7	-	0.2	0.6	0.4	-0.5	-0.1	0.5	0.3	1.6	1.4	0.7	0.3	0.1
BP	EXE 05:49	2.5	12.0	97	171/88	7.1	16587	0.2	0.3	0.1	-0.3	0	0.2	0.4	1.6	1.3	0.6	0.1	0
STAGE 2	EXE 05:54	3.4	14.0	97	-	7.4	-	0.2	0.1	0.1	-0.3	0.1	0	0.5	1.6	1.3	0.6	0.2	0
BP	EXE 07:51	3.4	14.0	114	209/116	10.3	23826	0.2	0.2	0.1	-0.3	0.1	0.1	0.4	1.7	1.3	0.5	0.1	-0.1
STAGE 3	EXE 08:02	4.2	16.0	116	-	10.6	-	0.2	0.2	0	-0.3	0.1	0.1	0.5	1.7	1.4	0.6	0.2	0
Peak	EXE 09:05	4.2	16.0	142	-	12.1	-	0.3	0.4	0.1	-0.4	0	0.3	0.2	1.4	1.1	0.2	-0.4	-0.4
Treadmill Stopped	REC 00:03	0.0	0.0	143	-	12.1	-	0.3	0.4	0.1	-0.4	0	0.3	0.2	1.4	1.1	0.2	-0.4	-0.4
BP	REC 01:35	0.0	0.0	98	193/102	5.1	18914	0.4	1	0.6	-0.8	-0.2	0.8	0.3	2.3	1.7	0.8	0.3	0.1
BP	REC 02:42	0.0	0.0	87	161/93	1.3	14007	0.2	0.7	0.4	-0.5	-0.1	0.6	0.4	1.9	1.3	0.5	0.1	0
BP	REC 03:45	0.0	0.0	85	151/81	0.9	12835	0.1	0.4	0.2	-0.4	-0.1	0.3	0.5	1.7	1.1	0.3	0	0.2
BP	REC 04:29	0.0	0.0	80	148/82	0.8	11840	0.1	0.4	0.2	-0.4	-0.1	0.3	0.4	1.5	1	0.3	-0.1	-0.2
END REC	REC 04:37	0.0	0.0	80	-	0.7	-	0.1	0.4	0.2	-0.3	-0.1	0.3	0.4	1.5	1	0.2	-0.1	-0.1

Vitalograph

Pulmonary Function Report

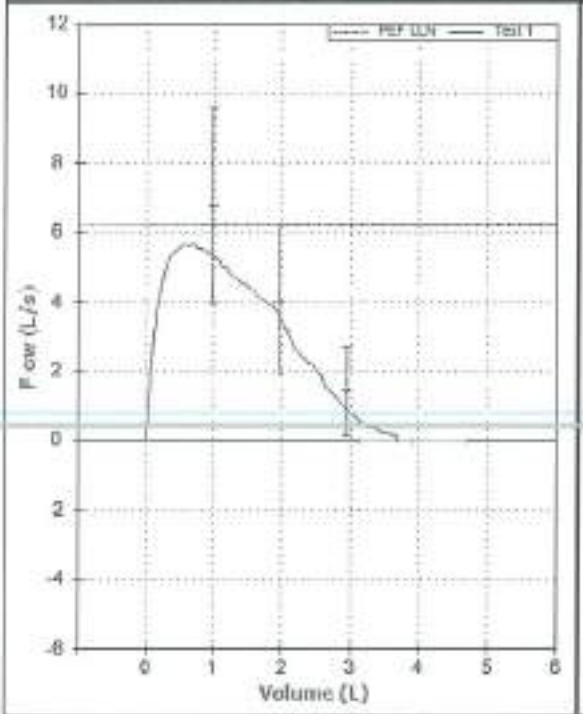
Subject Information

ID:	2023056_111401012	Alternate ID:	35083098		
Last Name:	Arendon	First Name:	Jovito Jr	Middle Name:	Carillo
Population:	Other	Gender:	Male	Date of Birth:	16/02/1966
Age:	57	Height:	163 cm	Weight:	66.0 kg
BMI:	24.8	Smoking:	Non Smoker		

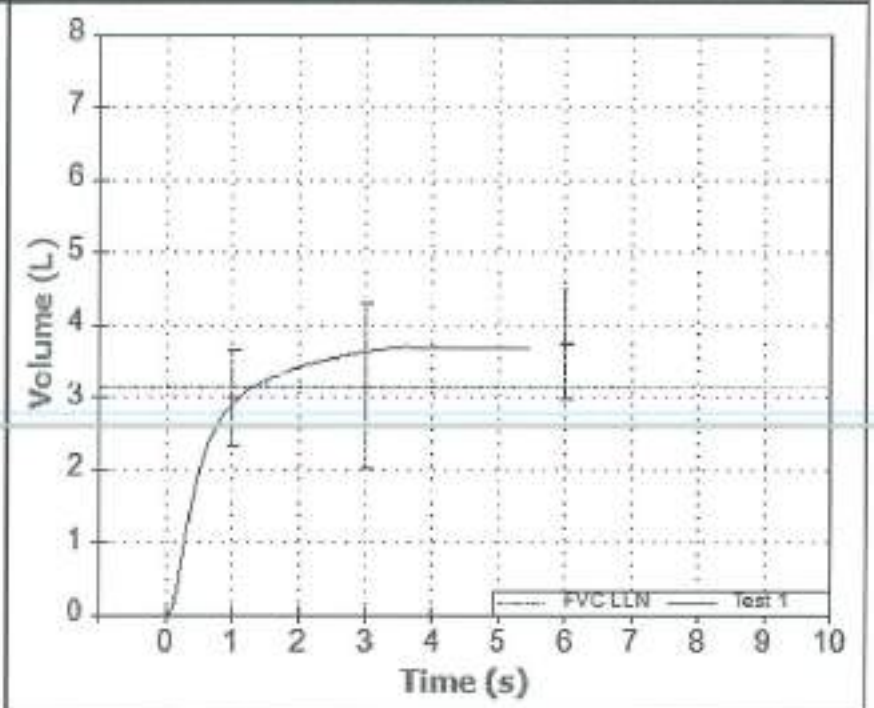
Test Session Information

Test Date:	25/02/2023 11:31	Device:	ALPHA Touch	Serial Number:	32166
No. of Tests:	3	Accuracy Chk:	30/05/2019 15:42	User:	Administrator
Pred. Values:	NHANES C	Pred. Factor:	100%	Posture:	Sitting

Flow/Volume Graph



Volume/Time Graph



Results

Parameter	Pred	LLN	Best	% Pred.	Z-Score
FVC (L)	**3.92**	3.14	**3.70**	**94**	-0.46
FEV1 (L)	**3.00**	2.34	**3.00**	**100**	0.00
FEV1 Ratio	**0.76**	0.67	**0.81**	**107**	0.91
FEV6 (L)	**3.74**	2.98	**3.70**	**99**	-0.09
PEF (L/min)	**490**	374	**341***	**70**	-2.11
FEF25-75 (L/s)	**2.60**	1.26	**3.00**	**115**	0.49

Values at BTPS ,*Below lower limit of normality (LLN)

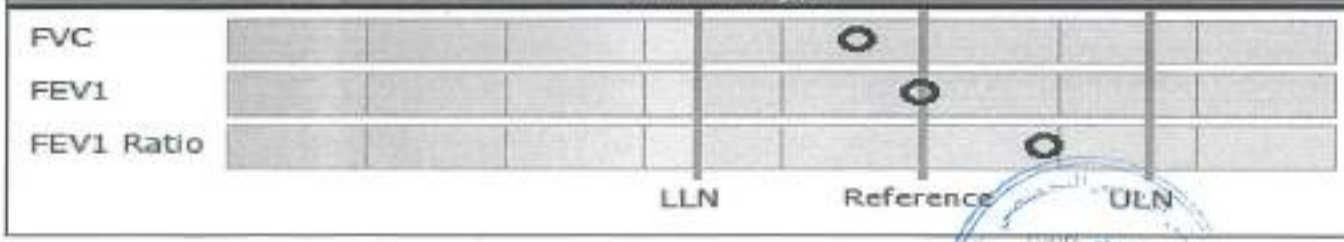
Session Quality and Repeatability Information

FVC Session Grade	FVC Rep:	FEV1 Rep:	Slow Start of test	End of test criteria not achieved	Cough detected in 1st second
C	0.37 L (10.0%)	0.28 L (9.3%)	0 blow(s)	1 blow(s)	0 blow(s)

Computer Suggested Interpretation

Computer interpretations cannot be relied upon for diagnosis. Normal ventilatory function.

Reference Pictogram



AUDIOMETRY REPORT

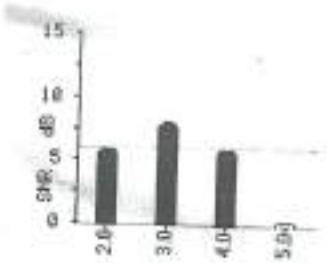
Name of the Patient JOVITO JR CARILLO ARENDEN

Age 37yrs Sex M MRN 35083098 Date of Test 25/2/2023

V107.05
25 MAR-23 11:38
DP 4s 4 spc avg
SN: GI1005649 GI2010484

NAME:

Left: Pass

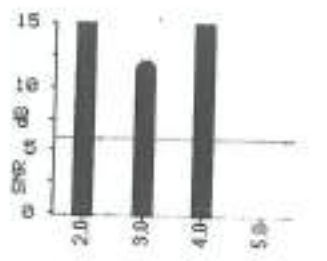


F2	L1	L2	DP	NF	SNR	
2.0	65	56	-5	-11	6	P
3.0	65	57	-11	-20	8	P
4.0	64	52	-11	-17	6	P
5.0	62	53	-20	-20	0	

V107.05
25-MAR-23 11:43
DP 4s 4 spc avg
SN: GI1005649 GI2010484

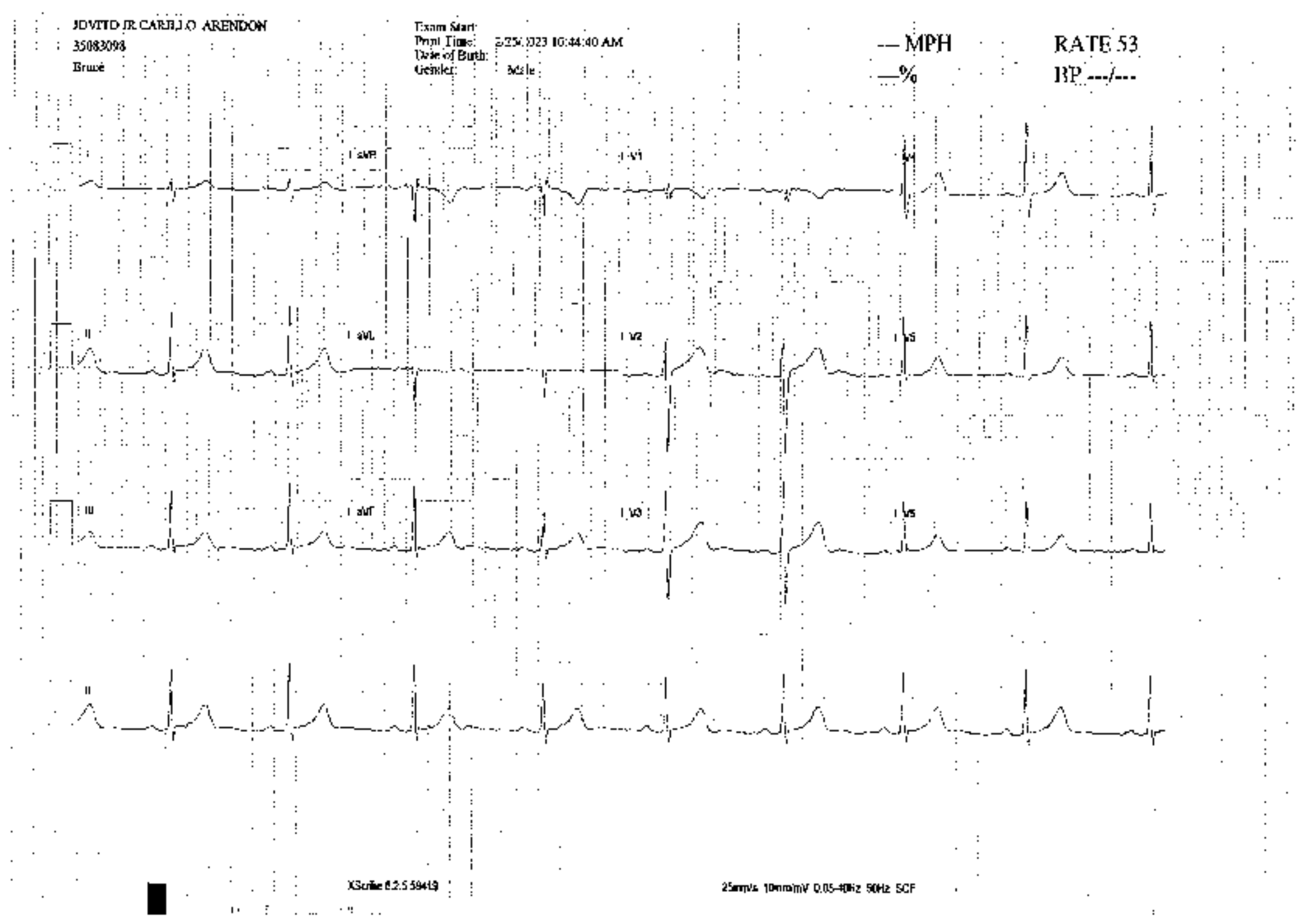
NAME:

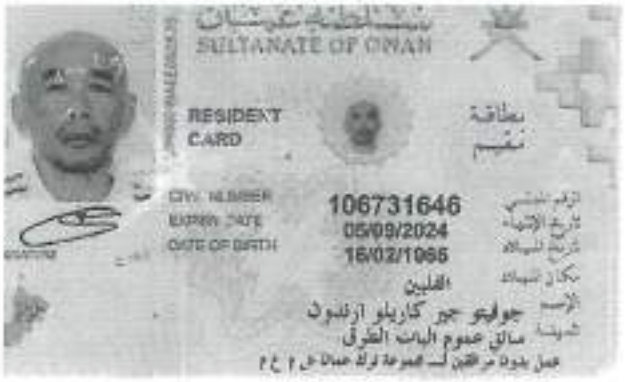
Right: Pass



F2	L1	L2	DP	NF	SNR	
.0	66	56	10	-16	26	P
.0	62	49	-5	-16	12	P
.0	59	56	0	-20	20	P
.0	70	63	—	-15	—	*

Signature of the Technician


JDVITO JR CARILLO ARENDON
35083098
Bruce
Exam Start:
Prgm Time: 6/25/2023 10:44:40 AM
Date of Birth:
Gender: Male
— MPH
—%
RATE 53
BP ---/---
I aVR
I V1
II
I aVL
I V2
III
I aVF
I V3
I V5
II
XScribe 6.2.5.59419
25mm/s 10mm/mV 0.05-40Hz 50Hz SCF


SULTANATE OF OMAN
RESIDENT CARD
بطاقة مقيم
106731646
05/09/2024
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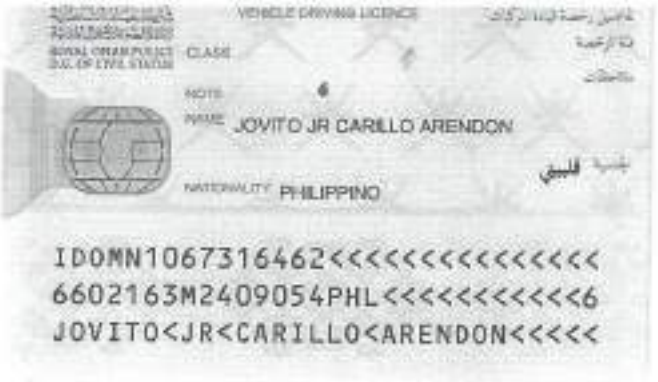
الفلبين
جوفيتو جير كاريلو ارنضون
مدني عموم البدات الطرق


VEHICLE DRIVING LICENCE
CLASS
NOTE
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NAME JOVITO JR CARILLO ARENDON
NATIONALITY PHILIPPINO
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C.R. No.
Sultanate of Oman
RECEPTION
nmc specialty hospital, Al Hail