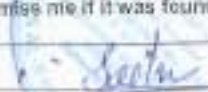


Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibri		Date: 25-3-2021		Surname: Mani'a	
If a dependant enter employee's name here:		Project:		Forenames: Aburhan	
Birth date: 30-5-1974		Nationality: Indian		Address: Ibri	
Home telephone number:		Country of birth:		Religion:	
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated / Divorced	Relationship to employee: ☐ Wife ☐ Son ☐ Daughter		Number of children:	
Reason for examination: Pre-Employment ☐ Job: Pre-Overseas ☐ Area:					
Name and address of family doctor:		List your last 3 jobs (1)			
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐			
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments)					
		Y	N	Y	N
1. Sinus trouble	☒			21. Cancer	☒
2. Neck swelling/glands	☒			22. Heart Disease	☒
3. Difficulty in vision	☒			23. Rheumatic fever	☒
4. Any ear discharge	☒			24. Abnormal heartbeat	☒
5. Asthma/bronchitis	☒			25. High blood pressure	☒
6. Hayfever / other significant allergy	☒			26. Stroke	☒
7. Any skin trouble	☒			27. Serious chest pain	☒
8. Tuberculosis	☒			28. Any blood disease	☒
9. Shortness of breath	☒			29. Kidney disease	☒
10. Coughed/vomited blood	☒			30. Blood in urine	☒
11. Severe abdominal pain	☒			31. Diabetes	☒
12. Stomach ulcer	☒			32. Headaches/migraine	☒
13. Recurrent indigestion	☒			33. Dizziness/fainting	☒
14. Jaundice or hepatitis	☒			34. Epilepsy	☒
15. Gall Bladder disease	☒			35. Joint/spinal trouble	☒
16. Marked change in bowel habits	☒			36. Surgical operation	☒
17. Blood in stools (motions)	☒			37. Serious accident/fracture	☒
18. Marked change in weight	☒			38. Tropical disease	☒
19. Varicose veins	☒			39. Fear of heights	☒
20. Lump in breast/arm/pit	☒				
How much tobacco each day?		Average daily alcohol consumption			
Have you ever taken elicited drugs? () PDC test all new/potential employees for elicited/recreational drugs					
FAMILY HISTORY: Diabetes (م) Tuberculosis (م) Epilepsy (م) Asthma (م) Eczema (م) Heart disease (م) High blood pressure (م) Stroke (م) Blood Disease (م) Cancer (م)					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:- I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDC reserve the right to dismiss me if it was found that I have purposely withheld important medical information.					
Date: 25-3-2021		Signature of Applicant: 			



FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
		1. Eyes & Pupils
		2. E.N.T.
		3. Teeth & Mouth
		4. Lungs & Chest
		5. Cardiovascular System
		6. Abdo. Viscera
		7. Hemat. Onco.
		8. Anus & Rectum
		9. Genito-urinary
		10. Extremities
		11. Musculo-skeletal
		12. Skin & Varicose Vns.
		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE /mins	HEARING L R	VISION	Colour Vision	Blood Group
172 cm	84	28.8	140/80			DISTANT NEAR Uncorrected Corrected		
						R L R L		
						6/6 6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
		1. Urinalysis				7. Audiogram
		2. Hb, Bloodcount, ESR				8. Lung Function
		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT: hyperlipidemia, Advised exercise and fasting lipid profile
☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT after 3 months

Date: _____ Name (Block Capitals): Dr. NAIDAVA PAMER Signature: [Signature]

REVIEW/CONSULTATION

Date: 28-3-2021 Name (Block Capitals): Dr. _____ Signature: _____

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: Abraham Mami

Emp #:

Date of Assessment: 28-03-2021

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 11.2 %

Framingham Risk Rating (Circle the appropriate score):

Low

Medium

High

Any further action or recommendations?

Assessment or Examination conducted by:



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 28-03-2021
Name: Abraham Mami	Department/Company: Thuckomah	
I.D No. 103022666	Tel# 9697741	Occupation: Heavy Driver

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

- 0 Would never doze
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 High chance of dozing

- 0 sitting and reading
- 0 watching TV
- 0 sitting inactive in a public place (e.g. theatre or meeting)
- 0 as a passenger in the car for an hour without a break
- 1 Lying down to rest in the afternoon when circumstances permit
- 0 Sitting a talking with someone
- 0 Sitting quietly after lunch without alcohol
- 0 In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, Abraham (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: Saeed Date: 28-03-2021

Fitness to Work Certificate

Employee Data		Date <u>28-3-2021</u>	
Name <u>Abdullah Mawri</u>		Department/Company <u>Thakomay</u>	
ID No. <u>10302266</u>	Age <u>45-V</u>	Occupation <u>Heavy driver</u>	
Type of Medical Evaluation		Mark these applying :	
A1 Aircraft refuelling	☐	A6 Fire / Emergency response team work	☐
A2 Breathing apparatus	☐	A7 Professional driving	☒
A3 Business traveller	☐	A8 Remote location work	☐
A4 Catering and food preparation	☐	A9 Transfers - group A country	☐
A5 Crane or forklift driving & all heavy vehicles	☐	A10 Transfers - group B country	☐
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ☒			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor <u>Dr. Alandana P</u>	Signature <u>[Signature]</u>	Date <u>28-3-2021</u>	

DEPARTMENT OF LABORATORY MEDICINE

File No: 0221795	Report No: 0568802
Name: ABRAHAM MARIA	Sample Date: 28/03/2021 Time: 12:39
Address:	Received By: JIBI
Gender: M Age: 45 Y Nationality: INDIAN	Received Date: 28/03/2021 Time: 12:44
GSM No.: 96977410 ID Card No.: 103022666	Report Date: 28/03/2021 Time: 13:33
Ref. By: EXTERNAL DOCTOR	Bill No: 0751516 Bill Date: 28/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	5.70 mmol/L	3.9 - 6.1
Method :- Hexokinase	102.6 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	6.00 mmol/L	1 - 5.1
Method:-Enzymatic	231.96 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.09 mmol/L	0.777 - 1.813
" "	42.0 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	4.57 mmol/L	1.295 - 4.54
" "	176.51	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.35 mmol/L	0.259 - 1.036
" "	13.45 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	5.5	3.8 - 5.9
TRIGLYCERIDES	0.76 mmol/L	0.564 - 2.146
Method : Enzymatic	67.26 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.82 mg/dL	0.1 - 1
Method : Diazo	14.00 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.2 mg/dL	0.1 - 0.5
Method : Diazo	3.5 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	18.20 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	22.10 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	59.96 U/L	Adult : Men -40-129

Processed By:
SWATHY
Lab Technologist

Approved By:
JIBI
Lab Technologist

Released By:
JIBI
Lab Technologist

Specialist Pathologist

MOH License No: 13250

MOH-LIC No: 4384

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0221795
Name: ABRAHAM MARIA
Address:
Gender: M **Age:** 45 Y **Nationality:** INDIAN
GSM No.: 96977410 **ID Card No.:** 103022666
Ref. By: EXTERNAL DOCTOR

Report No: 0568802
Sample Date: 28/03/2021 **Time:** 12:39
Received By: JIBI
Received Date: 28/03/2021 **Time:** 12:44
Report Date: 28/03/2021 **Time:** 13:33
Bill No: 0751516 **Bill Date:** 28/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children: (Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	8.15 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	5.15 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.72	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	32.0 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	7.30 mmol/L	1.7 - 8.3
Method : Kinetic Assay	43.84 mg/dL	10.2 - 49.8
CREATININE - SERUM	101.49 µmol/L	44.2 - 123.7
Method :-Jaffe Method	1.15 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	7090 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	52.1 %	40-75%
LYMPHOCYTES	36.8 %	20-45%
EOSINOPHILS	2.8 %	2-6 %
MONOCYTES	7.3 %	2-8 %

Processed By:
SWATHY
 Lab Technologist

Approved By:
JIBI
 Lab Technologist

Released By:
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Specialist Pathologist

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MOH LIC No: 4384

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0221795	Report No: 0568802
Name: ABRAHAM MARIA	Sample Date: 28/03/2021 Time: 12:39
Address:	Received By: JIBI
Gender: M Age: 45 Y Nationality: INDIAN	Received Date: 28/03/2021 Time: 12:44
GSM No.: 96977410 ID Card No.: 103022666	Report Date: 28/03/2021 Time: 13:33
Ref. By: EXTERNAL DOCTOR	Bill No: 0751516 Bill Date: 28/03/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	1.0 %	0-1%
HB (HEMOGLOBIN)	16.2 gm/dl	Male-13 - 18 gm/dl Female-11 - 15 gm/dl
TOTAL RBC COUNT	5.57 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.42 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	50.00 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	89.80 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.10 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	06 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr

Capillary Photometry Technology

Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.

SICKLE CELL	NEGATIVE
URINE ROUTINE	
URINE BIOCHEMISTRY	
GLUCOSE	NIL
PROTEIN	NIL
KETONE	NIL
BILIRUBIN	NIL
pH	ACIDIC

Processed By:
SWATHY
Lab Technologist

Approved By:
JIBI
Lab Technologist

Released By:
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Lab Technologist

Specialist Pathologist

MOH License No: 13250

MOH LIC No: 4384

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DEPARTMENT OF LABORATORY MEDICINE

File No: 0221795
Name: ABRAHAM MARIA
Address:
Gender: M Age: 45 Y Nationality: INDIAN
GSM No.: 96977410 ID Card No.: 103022668
Ref. By: EXTERNAL DOCTOR

Report No: 0568802
Sample Date: 28/03/2021 Time: 12:39
Received By: JIBI
Received Date: 28/03/2021 Time: 12:44
Report Date: 28/03/2021 Time: 13:33
Bill No: 0751516 Bill Date: 28/03/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	

Processed By:
SWATHY
Lab Technologist

Approved By:
JIBI
Lab Technologist

Released By:
JIBI
Lab Technologist

Specialist Pathologist

MOH License No: 13250

MOH LIC No: 4384

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X-RAY REPORT

Doc No:	0057876		
Name:	ABRAHAM MARIA		
Age/DOB:	45 Y	ID Card No	103022666
Sex:	Male		
Referred By:	EXTERNAL DOCTOR		
Clinical Diagnosis:			
X-Ray/UltraSound	CHEST X-RAY		
Date:	28/03/2021		
X-Ray Film No:	TRUCK OMAN		
Bill No:	0751516		
Charge Sheet No:			

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature:

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



221795

abraham maria

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Oman AlKhair Hospital

Rate 61

PR 164
QRS 82
QT 402
QTc 405

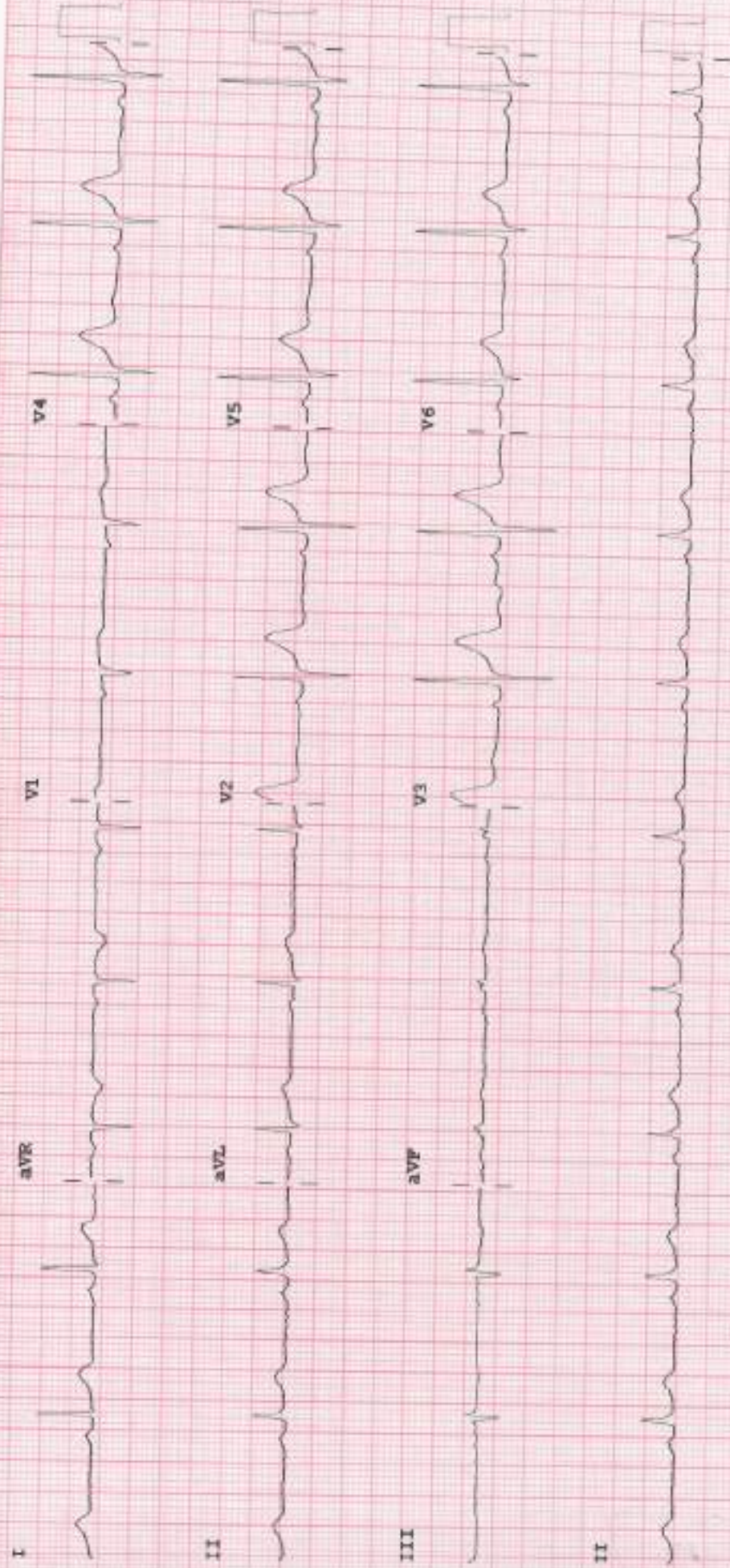
--AXIS--

P 34
QRS 22
T 18

12 lead: Standard Placement



ECG



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

PR10

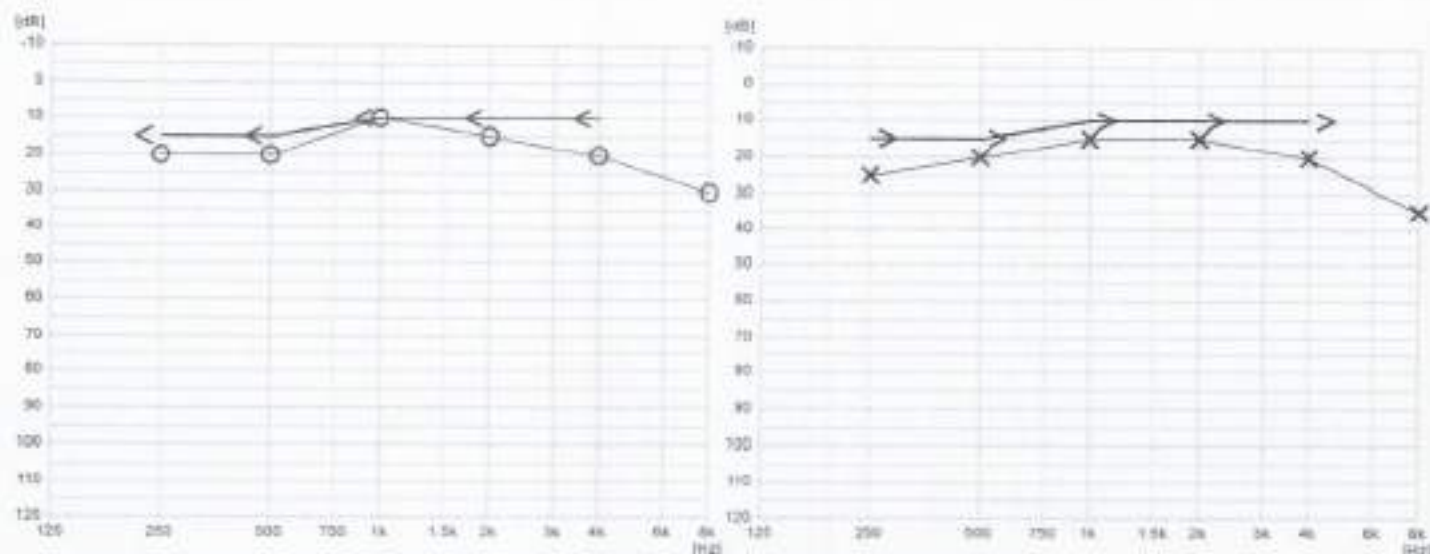
L

P?

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

Code: 0751516 Last name, First name: MARIA, ABRAHAM Born: 28.03.2021

Test type: Tonal audiometry Test date: 28.03.2021



Audiometry (unaided)								
Freq (Hz)	500	1000	1500	2000	3000	4000	6000	8000
Left	20	15		15		20		25
Right	30	10		15		30		50
Calculate % hearing loss (if known)			L (%)	R (%)	Binaural (%)	Comments		
Does the applicant exceed 35dB loss in either ear at 0.5, 1.0 or 2.0KHz?					Yes/No			

Legend	R	L
Air	○	×
Air Masked	△	□
Bone	<	>
Bone Masked	[	]
MCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field Masked	A	A
Binaural	B	
No response	I	

PTA
Right!- 15 dBHL
Left!- 16.6 dBHL

Comments

RIGHT EAR: HEARING SENSITIVITY WITHIN NORMAL LIMITS

LEFT EAR: MINIMAL HEARING LOSS

Signature:

Date: 28/03/2021

Redeem by Hedera Biomedica S.p.A. - www.hedera-biomedica.com

