

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
<input checked="" type="checkbox"/>		1 Eyes & Pupils
<input checked="" type="checkbox"/>		2 E.N.T.
<input checked="" type="checkbox"/>		3 Teeth & Mouth
<input checked="" type="checkbox"/>		4 Lungs & Chest
<input checked="" type="checkbox"/>		5 Cardiovascular System
<input checked="" type="checkbox"/>		6 Abdo. Viscera
<input checked="" type="checkbox"/>		7 Hernial Orifices
<input checked="" type="checkbox"/>		8 Anus & Rectum
<input checked="" type="checkbox"/>		9 Genito-urinary
<input checked="" type="checkbox"/>		10. Extremities
<input checked="" type="checkbox"/>		11. Musculo-skeletal
<input checked="" type="checkbox"/>		12. Skin & Varicose Vns.
<input checked="" type="checkbox"/>		13. C.N.S.

HEIGHT cm	WEIGHT kg	BM I	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
172	68	22.99	134/92	68 /mins.	L R	DISTANT R L Uncorrected 6/6 6/6 Corrected	NEAR R L (N) (N)	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
<input checked="" type="checkbox"/>		1 Urinalysis		<input checked="" type="checkbox"/>		7. Audiogram
<input checked="" type="checkbox"/>		2 Hb, Blood count, ESR		<input checked="" type="checkbox"/>		8. Lung Function
<input checked="" type="checkbox"/>		3 LFT, RFT, RBS		<input checked="" type="checkbox"/>		9. Chest X-Ray
<input checked="" type="checkbox"/>		4 Drug Screen		<input checked="" type="checkbox"/>		10. ECG
<input checked="" type="checkbox"/>		5 Lipids (<40 years +)		<input checked="" type="checkbox"/>		11. CVS risk for 40 yrs. & above
<input checked="" type="checkbox"/>		6 Sickie Cell test		<input checked="" type="checkbox"/>		12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

- ☒ FIT ALL AREAS
- ☐ FIT WITH SPECIFIC RESTRICTION
- ☐ TEMPORARY UNFIT
- ☐ AWAITING SPECIALIST ASSESSMENT

FIT



REVIEW/CONSULTATION

DATE: 6/11/2022

DOCTOR NAME: Dr. Chasth

SIGNATURE:

Signature: Dr. Chasth
MOH Lic. No: 17978
nmc specialty hospital, Al Hail