

ID: 98016268

No. B 16315

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)



RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/ Forenames		SUBEG SINGH	
Nationality		INDIAN	

Mobile No: 94694823	Home/Leave Address:	Company Number: 1223	Reference Indicator:
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Personal Details

DOB: 28/05/1996; 49 yrs

A <input checked="" type="checkbox"/> Male <input type="checkbox"/> Female	<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Separated /Divorced /Widow(er)
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Home/Leave Address:	<input type="checkbox"/> Wife <input type="checkbox"/> Son <input type="checkbox"/> Daughter	No of Children:
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Reason for Examination (tick as appropriate)

Periodic Medical Examination Final / Retirement Other Reason:

Employee only

B Present Job and Location: FORKLIFT OPERATOR; NIMR TRUCK OWNER Next Job and Location:

Are you a registered person with special needs? Do you belong to any Medical Insurance Scheme?

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' Please describe

	N	Y	Description
Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?		<input checked="" type="checkbox"/>	
1 Ear, nose, eye or throat problems		<input checked="" type="checkbox"/>	
2 Chest problems like asthma, bronchitis, other bad cough		<input checked="" type="checkbox"/>	
3 Heart abnormality, chest pains		<input checked="" type="checkbox"/>	
4 Abdominal pains, abnormal bowel motions		<input checked="" type="checkbox"/>	
5 Urogenital problems (kidney disease, menstrual disorder)		<input checked="" type="checkbox"/>	
6 Skin trouble or allergies		<input checked="" type="checkbox"/>	
7 Epileptic fits, dizzy spells or migraine		<input checked="" type="checkbox"/>	
8 History of mental illness, depression anxiety		<input checked="" type="checkbox"/>	
9 Diabetes, thyroid disease		<input checked="" type="checkbox"/>	
10 Blood disorder e.g. anaemia, blood cancer e.g. leukaemia		<input checked="" type="checkbox"/>	
11 Any history of accidents or fractures		<input checked="" type="checkbox"/>	
12 Have you had any serious allergies		<input checked="" type="checkbox"/>	
13 Do any dependants have a significant ongoing illness?		<input checked="" type="checkbox"/>	
14 Any family history of cancers		<input checked="" type="checkbox"/>	
Do you take any regular medicines, or have you taken in the past?		<input checked="" type="checkbox"/>	
Do you smoke? If yes, what and how much each day?		<input checked="" type="checkbox"/>	
Do you drink alcohol? If yes, what is your average weekly intake?		<input checked="" type="checkbox"/>	
Have you ever taken elicited/recreational drugs?		<input checked="" type="checkbox"/>	
Are you doing regular sports or physical activities?		<input checked="" type="checkbox"/>	

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review.

Date: 06/07/23

Signature of Applicant:

Subeg Singh

مركز الرسيل الصحي
RUSAYL HEALTH CENTRE
C.R. No.: 1259954, Irtotah
P.O. Box: 18, P.C.: 124, Rusayl
Sultanate of Oman
RS PAC NIMR CLINIC

SUBEG; 47 yrs

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)		PHYSICAL EXAMINATION											
N	A												
<input checked="" type="checkbox"/>	1. Eyes & Pupils												
<input checked="" type="checkbox"/>	2. E.N.T.												
<input checked="" type="checkbox"/>	3. Teeth & Mouth												
<input checked="" type="checkbox"/>	4. Lungs & Chest												
<input checked="" type="checkbox"/>	5. Cardiovascular System												
<input checked="" type="checkbox"/>	6. Abdo. Viscera												
<input checked="" type="checkbox"/>	7. Hernial Orifices												
<input checked="" type="checkbox"/>	8. Anus & Rectum												
<input checked="" type="checkbox"/>	9. Genito-urinary												
<input checked="" type="checkbox"/>	10. Extremities												
<input checked="" type="checkbox"/>	11. Musculo-skeletal												
<input checked="" type="checkbox"/>	12. Skin & Varicose Vns.												
<input checked="" type="checkbox"/>	13. C.N.S.												
HEIGHT cm	WEIGHT kg	BMI kg/m ²	B.P. mmHg	PULSE /mins.	HEARING L R	VISION							
164	77	28.6	130/80	60	N N	DISTANT Uncorrected	NEAR Corrected	R L	R L	R L	R L		
N	A	LABORATORY AND OTHER SPECIAL INVESTIGATIONS				N	A						
<input checked="" type="checkbox"/>	1. Urinalysis							7. Audiogram					
<input checked="" type="checkbox"/>	2. Hb, Bloodcount, ESR							8. Lung Function					
<input checked="" type="checkbox"/>	3. LFT, RFT, RBS							9. Chest X-Ray					
	4. Drug Screen							<input checked="" type="checkbox"/>	10. ECG				
<input checked="" type="checkbox"/>	5. Lipids (40 years +)							<input checked="" type="checkbox"/>	11. CVS risk for 40 yrs. & above (4-8%)				
<input checked="" type="checkbox"/>	6. Sickle Cell test								12. HIV, Hepatitis screening				

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Overweight

ASSESSMENT AND RECOMMENDATIONS:

FIT ALL AREAS FIT WITH RESTRICTION TEMPORARY UNFIT UNFIT

Repeat Bp.

Date: 08/07/23 Name (Block Capitals): Dr. / Nurse

Signature:

REVIEW/CONSULTATION

Recent Bp (89/62) - 130/80 mmHg

Advised on lifestyle changes, including regular exercise

Date: 08/07/23 Name (Block Capitals): Dr. / Nurse MAGNUS JWM

Signature:

