

Initial Medical Examination Report
INITIAL EXAMINATION REPORT (MEDICAL - CONFIDENTIAL)

Place of examination: Aster Hospital, Ibra		Date: 23/12/2021	Surname: Alazhar Tghal Riad	
If a dependant enter employee's name here:		Forenames: Mohamed		
Birth date: 1/1/1980		Nationality: Omani	Address:	
Project: Truck		Home telephone number: 96955725		
Country of birth: Oman		Religion:		
☒ Male ☐ Female	☐ Married ☐ Single ☐ Separated /Divorced	☒ Relationship to employee Wife ☐ Son ☐ Daughter		Number of children:
Reason for examination Pre-Employment ☐ Job: Pre-Overseas ☐ Area:				
Name and address of family doctor		List your last 3 jobs (1)		
Are you a Registered Disabled Person? (UK only) ☐		Do you belong to any Medical Insurance Scheme? ☐		
DO YOU HAVE OR HAVE YOU HAD:- (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)				
Y	N	Y	N	Y
1. Sinus trouble	☒	21. Cancer	☒	HAVE YOU EVER BEEN:-
2. Neck swelling/glands	☒	22. Heart Disease	☒	
3. Difficulty in vision	☒	23. Rheumatic fever	☒	
4. Any ear discharge	☒	24. Abnormal heartbeat	☒	
5. Asthma/bronchitis	☒	25. High blood pressure	☒	40. Rejected for employment or insurance for medical reasons
6. Hayfever /other significant allergy	☒	26. Stroke	☒	41. Awarded benefits for industrial injury/illness
7. Any skin trouble	☒	27. Serious chest pain	☒	42. Treated for a mental condition, e.g. depression
8. Tuberculosis	☒	28. Any blood disease	☒	43. Treated for problem drinking or drug abuse
9. Shortness of breath	☒	29. Kidney disease	☒	44. Exposed to toxic substance or noise
10. Coughed/vomited blood	☒	30. Blood in urine	☒	FOR WOMEN ONLY Have you ever had:-
11. Severe abdominal pain	☒	31. Diabetes	☒	
12. Stomach ulcer	☒	32. Headaches/migraine	☒	
13. Recurrent indigestion	☒	33. Dizziness/fainting	☒	
14. Jaundice or hepatitis	☒	34. Epilepsy	☒	45. An abnormal smear
15. Gall Bladder disease	☒	35. Joints/spinal trouble	☒	46. Any gynaecological treatment
16. Marked change in bowel habits	☒	36. Surgical operation	☒	47. Are you pregnant?
17. Blood in stools (motions)	☒	37. Serious accident/fracture	☒	48. Have you had an illness not mentioned above
18. Marked change in weight	☒	38. Tropical disease	☒	
19. Varicose veins	☒	39. Fear of heights	☒	
20. Lump in breast/ampit	☒			
How much tobacco each day?		Average daily alcohol consumption		
Have you ever taken elicited drugs? () PDO test all new/potential employees for elicited/recreational drugs				
FAMILY HISTORY: Diabetes (✓) Tuberculosis () Epilepsy () Asthma () Eczema ()				
Heart disease () High blood pressure () Stroke () Blood Disease () Cancer ()				
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT:-				
I declared these statements to be true to the best of my knowledge and belief and I agree that the result of this medical examination in general terms may be revealed to the Company if required, and the details sent to my own doctor if this is considered necessary by the examining medical officer. I am also aware that PDO reserve the right to dismiss me if it was found that I have purposely withheld important medical information.				
Date: 23/12/2021		Signature of Applicant:		

FOR COMPLETION BY EXAMINING DOCTOR OR NURSE
Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)

PHYSICAL EXAMINATION

N	A	
☒		1. Eyes & Pupils
☒		2. E.N.T.
☒		3. Teeth & Mouth
☒		4. Lungs & Chest
☒		5. Cardiovascular System
☒		6. Abdo. Viscera
☒		7. Hernial Orifices
☒		8. Anus & Rectum
☒		9. Genito-urinary
☒		10. Extremities
☒		11. Musculo-skeletal
☒		12. Skin & Varicose Vns.
☒		13. C.N.S.

HEIGHT cm	WEIGHT kg	BMI	B.P.	PULSE	HEARING	VISION	Colour Vision	Blood Group
172	76	25.7	130/80	100/min.	L R	DISTANT NEAR Uncorrected Corrected		
						R L R L 6/6 6/6		

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
☒		1. Urinalysis		☒		7. Audiogram
☒		2. Hb, Bloodcount, ESR		☒		8. Lung Function
☒		3. LFT, RFT, RBS		☒		9. Chest X-Ray
☒		4. Drug Screen		☒		10. ECG
☒		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
☒		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

ASSESSMENT:

☒ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

Date: 25/12/2021 Name (Block Capitals): Dr. NANDANA RAMIDI

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr.

Signature:

Framingham Risk Assessment form

Framingham Risk Assessment (For all professional drivers, crane operators, forklift operator or other employees who are above 40 years of age):

Employee Name: MUHAMMAD TQBAL RIAZ MUHAMMAD
Emp #: 85710857
Date of Assessment: 23/12/2021

1	Age	Years	
2	Gender	Female/Male	
3	Total Cholesterol	mmol/L	
4	HDL Cholesterol	mmol/L	
5	Smoker	Yes/No	
6	Diabetes	Yes/No	
7	Systolic Blood pressure	mm Hg	
8	Is the patient being treated for High blood pressure?	Yes/No	

Framingham Risk score: 5.6 %

Framingham Risk Rating (Circle the appropriate score):

☒ Low ☐ Medium ☐ High

Any further action or recommendations?

Assessment or Examination conducted by



Epworth Screening Quest. for Sleep Apnoea

Employee Data		Date: 23/12/2021
Name: MAZHAR IQBAL RIAZ MUHAMMAD		Department/Company: TRUCKOMAN NORTH LLC
I. D No. 85710837	Tel # 96935723	Occupation :

This questionnaire will help identify if you have any health condition which may need a more detailed medical assessment as part of your fitness to work determination. If you have any queries please contact your local Health Services staff. All information provided on this form and during consultations remains strictly confidential. When further clinical evaluation is required following completion of a screening questionnaire, the details should be recorded on Q1 and E1 forms.

How likely are you to fall asleep in the following situations? (use 0 to 3 score as shown below)

0 Would never doze
1 Slight chance of dozing
2 Moderate chance of dozing
3 High chance of dozing

☐ sitting and reading
☐ watching TV
☐ sitting inactive in a public place (e.g. theatre or meeting)
☐ as a passenger in the car for an hour without a break
☐ Lying down to rest in the afternoon when circumstances permit
☐ Sitting a talking with someone
☐ Sitting quietly after lunch without alcohol
☐ In a car, while stopped for a few minutes in traffic

Total 1

If you score a total of 15 or more you should seek advice from medical personnel on site before continuing to drive or operate machinery in the workplace.

Declaration: I, MAZHAR IQBAL RIAZ MUHAMMAD (Print Name) certify that to the best of my knowledge the above information supplied by me is true and correct.

Signature: _____ Date: 23/12/2021

Fitness to Work Certificate

Employee Data		Date	25/12/2021
Name MAZHAR TASEL RIAZ MUHAMMAD		Department/Company TRUCKMAN NORTH LLC	
ID No.	85710837	Age	41y
Type of Medical Evaluation		Mark those applying ✓	
A1 Aircraft refuelling		A6 Fire / Emergency response team work	
A2 Breathing apparatus		A7 Professional driving	
A3 Business traveller		A8 Remote location work	
A4 Catering and food preparation		A9 Transfers – group A country	
A5 Crane or forklift driving & all heavy vehicles		A10 Transfers – group B country	
Health Advisor Statement : The above named person has been examined according to the statements laid down in "Protocols and Guidance Notes on the Medical Evaluation of Fitness to Work". At this time his/her fitness to work status for the above tasks is as follows.			
Fit with no restrictions ✓			
Fit with following restriction(s)			
The employee is fit for above work but should avoid the following task(s)	Temporary restriction	Permanent restriction	
Work near moving machinery or sharp edges			
Working at height			
Pulling, pushing, or carrying weight over ____ Kg			
Ascend/descend ladders or stairs			
Operate motor vehicles, forklifts or heavy machinery			
Use of a respirator			
Repetitive twisting of valves or wrenches			
Flying			
Other (Specify)			
Temporary Unfit until			
Permanently Unfit			
Name of health advisor	Signature	Date	25/12/2021



DEPARTMENT OF LABORATORY MEDICINE

File No: 197009
Name: MAZHAR IQBAL RIAZ MUHAMMAD
Address:
Gender: M **Age:** 41 Y **Nationality:** PAKISTANI
GSM No.: 96935723 **ID Card No.:** 85710837
Ref. By: EXTERNAL DOCTOR

Report No: 0593697
Sample Date: 23/12/2021 **Time:** 13:35
Received By: SREERAJ
Received Date: 23/12/2021 **Time:** 13:40
Report Date: 23/12/2021 **Time:** 14:29
Bill No: 0800603 **Bill Date:** 23/12/2021
Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
PDO MEDICAL CHECK UP ABOVE 40(truckoman)		
FBS (FASTING BLOOD SUGAR)	4.96 mmol/L	3.9 - 6.1
Method :- Hexokinase	89.28 mg/dL	70 - 110
LIPID PROFILE - SERUM		
CHOLESTEROL (TOTAL)	5.23 mmol/L	1 - 5.1
Method:-Enzymatic	202.19 mg/dl	40 - 200
HDL (HIGH DENSITY LIPOPROTEIN)	1.400 mmol/L	0.777 - 1.813
" "	54.12 mg/dl	30 - 70
LDL (LOW DENSITY LIPOPROTEIN)	2.91 mmol/L	1.295 - 4.54
" "	112.49	50 - 172
VLDL (VERY LOW DENSITY LIPOPROTEIN)	0.92 mmol/L	0.259 - 1.036
" "	35.58 mg/dl	10 - 40
RATIO (TOTAL CHOL / HDL CHOL)	3.74	3.8 - 5.9
TRIGLYCERIDES	2.01 mmol/L	0.564 - 2.146
Method : Enzymatic	177.885 mg/dl	50 - 190
LIVER FUNCTION TEST - SERUM		
TOTAL BILIRUBIN - SERUM	0.469 mg/dL	0.1 - 1
Method : Diazo	8.02 µmol/L	1 - 17.1
DIRECT BILIRUBIN - SERUM	0.149 mg/dL	0.1 - 0.5
Method : Diazo	2.55 µmol/L	1 - 8.55
SGOT (AST)-SERUM (IFCC)	27.08 U/L	Male: up to 40.0 Female: up to 32.0
SGPT (ALT)-SERUM (IFCC)	44.98 U/L	Male: 10-50 Female: 10-35
ALKALINE PHOSPHATASE (ALP)-SERUM (IFCC)	99.37 U/L	Adult : Men -40-129

Sreeraj
Processed By:
SREERAJ
Lab Technologist

Approved By:
SREERAJ
Lab Technologist

Sreeraj
Released By:
SREERAJ
Lab Technologist



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DEPARTMENT OF LABORATORY MEDICINE

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INVESTIGATION	RESULT	REFERENCE RANGE
		Female 35-104 Children:(Aged) 7months - 1Year :- <462 1Year - 3 Years :- <281 4 Years - 6 Years :- <269 7 Years - 12 Years :- <300 13 Years - 17 Years(M) :- <390 13 Years - 17 Years(F) :- <187
TOTAL PROTEIN-SERUM(Colorimetric Assay)	7.90 gm/dL	6.6 - 8.7
ALBUMIN - SERUM (Colorimetric Assay)	4.89 gm/dL	3.9 - 4.9
GLOBULIN - SERUM (Calculation)	3.01 gm/dL	2.3 - 3.5
ALBUMIN / GLOBULIN RATIO - Calculation	1.62	1.2 - 1.5
GGT(GAMMA GLUTAMYL TRANSPEPTIDASE) - SERUM	28.08 U/L	Men : 8-61 Female : 5-36
RENAL FUNCTION TEST (UREA - CREATININE)		
UREA - SERUM	2.74 mmol/L	1.7 - 8.3
Method : Kinetic Assay	16.46 mg/dL	10.2 - 49.8
CREATININE - SERUM	74.94 µmol/L	44.2 - 123.7
Method :-Jaffé Method	0.85 mg/dl	0.5 - 1.4
CBC (COMPLETE BLOOD COUNT)		
TOTAL WBC COUNT	10440 cells/cumm	4000 - 11000 cells/cumm
DC (DIFFERENTIAL COUNT)		
NEUTROPHILS	56.7 %	40-75%
LYMPHOCYTES	35.4 %	20-45%
EOSINOPHILS	1.5 %	2-6 %
MONOCYTES	6.0 %	2-8 %

Sreeraj

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Ref. By: EXTERNAL DOCTOR	Bill No: 0800603 Bill Date: 23/12/2021
	Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
BASOPHILS	0.4 %	0-1%
HB (HEMOGLOBIN)	15.7 gm/dl	Male-13 - 18 gm/dl Female-11- 15 gm/dl
TOTAL RBC COUNT	5.38 million/cu	MALE: 4.5-6.5million/cu FEMALE: 3.9-5.5million/cu
PLATELET COUNT	2.61 lakhs/cumm	1.0 - 4.0 lakhs / cumm
PCV (PACKED CELL VOLUME)	48.50 %	Males : 42% - 52% Females : 37% - 47%
MCV (MEAN CORPUSCULAR VOLUME)	90.10 FL	76 - 96 FL
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	29.20 PG	27 - 33 PG
MCHC(MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION)	32.40 g/dl	32 - 36 g/dl
ESR (ERYTHROCYTE SEDIMENTATION RATE)	05 mm/ 1st hr	MALE:0-9 mm/ 1st hr FEMALE:0-20 mm/ 1st hr
Capillary Photometry Technology Measures the kinetics of red cells aggregation.Clinical Laboratory and Standard Institute (CLSI) procedure for the ESR Test.		
SICKLE CELL	NEGATIVE	
URINE ROUTINE		
URINE BIOCHEMISTRY		
GLUCOSE	NIL	
PROTEIN	NIL	
KETONE	NIL	
BILIRUBIN	NIL	
pH	ACIDIC	



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MOH No. 6544

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Report Status: Final

INVESTIGATION	RESULT	REFERENCE RANGE
UROBILINOGEN	NORMAL	
URINE MICROSCOPY (Centrifugation Method)		
RED BLOOD CELLS (RBC)	NIL /hpf	
PUS CELLS	1 - 2 /hpf	
EPITHELIAL CELLS	NIL /hpf	
CRYSTALS	NIL /hpf	
CAST	NIL /hpf	
BACTERIA	PRESENT /hpf	
YEAST CELLS	NIL /hpf	



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X-RAY REPORT

Doc No:	0059563
Name:	MAZHAR IQBAL RIAZ MUHAMMAD
Age/DOB:	41 Y Omani ID/ L.Card No:: 85710837
Sex:	Male
Referred By:	EXTERNAL DOCTOR
Clinical Diagnosis:	
X-Ray/UltraSound	CHEST X-RAY
Date:	23/12/2021
X-Ray Film No:	TO
Bill No:	0800603
Charge Sheet No:	

Both lung fields are normal

Both cp angles are clear

Mediastinal shadow and bony thorax are normal

Cardiac configuration is within normal limits

Conclusion: A normal X-ray appearance

Signature: _____

DR. KALESHA SHAIK
Specialist Radiology
MOH Reg. No. 17925



MAZHAR IQBAL
Male

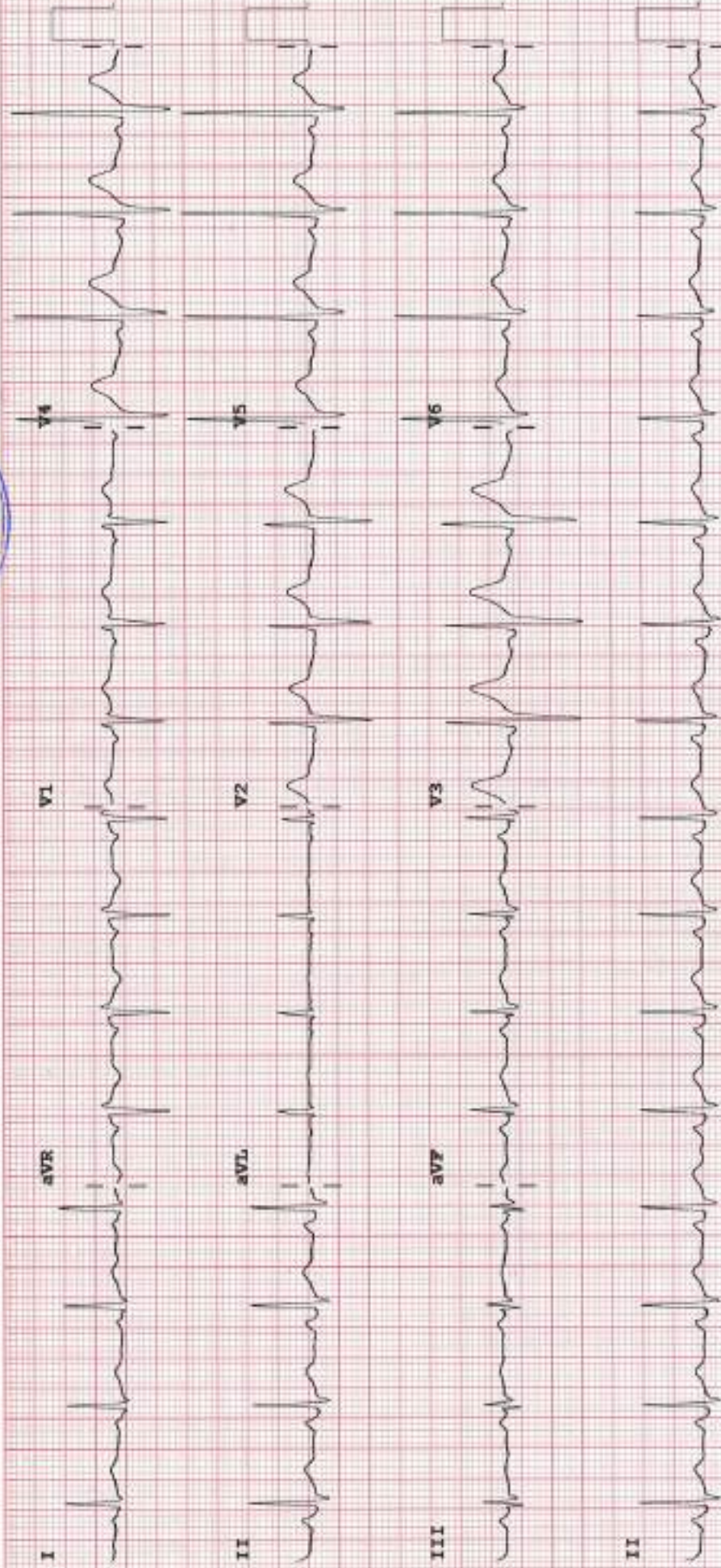
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ASTER HOSPITAL IERI (Emergency)

Rate	92
RR	652
PR	129
QRSD	102
QT	355
QTC	440

---AXIS---	64
P	33
QRS	54
T	

12 Lead; standard Placement



Device:

Speed: 25 mm/sec

Unit: 10 mm/mV

Chest: 10.0 mm/mV

50~ 0.50~ 40 Hz W

PHLO CL

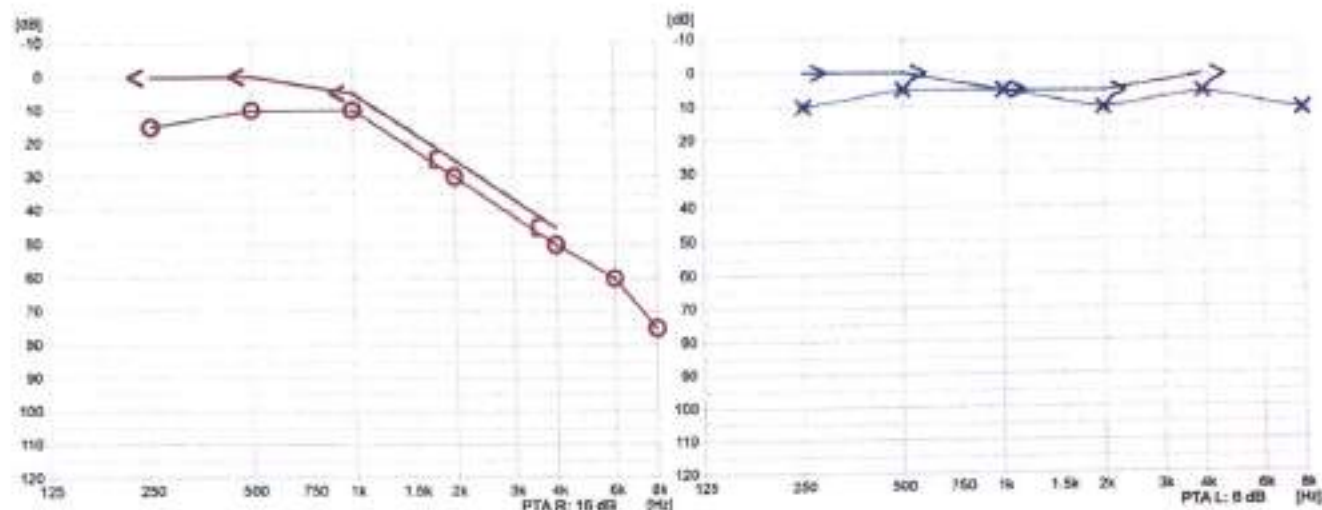
S₄

SUPER QUALITY HEARING AID AND SPEECH THERAPY CENTER

IBRI

22349191

Code: 0800603	Last name, First name MUHAMMAD, MAZHAR ICBS/02/0002	Born: 23/12/2004
Test type: Tonal audiometry	Test date: 23/12/2021	



Legend	R	L
Air	O	X
Air/Masked	Δ	□
Bone	<	>
Bone/Masked	[	]
NCL	M	M
UCL	m	m
Free Field	⊗	⊗
Free Field/Aided	A	A
Stimuli		B
No response		I

PTA

Right: 16.6 dBHL

Left: 6.6 dBHL

Comments

RIGHT EAR: MINIMAL HEARING LOSS WITH SLOPE AT HIGH FREQUENCIES

LEFT EAR: HEARING SENSITIVITY WITHIN NORMAL LIMITS

Signature: _____

Date: 23/12/2021

Headed by Hedera Biomedics Srl 2040 - www.hederabiomedics.com - Box: 3373

Postal Code: 133
Sultanate of Oman

