مركز الرسيل الصحي
RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

No. B 19057

ROUTINE/PERIODIC EXAMINATION REPORT (MEDICAL- CONFIDENTIAL)

RUSAYL HEALTH CENTRE
ISO 9001- 2015 Certified Co.

PLEASE COMPLETE YOUR PERSONAL DETAILS IN BLOCK CAPITALS

Surname/ Forenames	Habib Ullah
Nationality	Bangladesh,
Mobile No. 76953031 / Home/Leave Address: Bangladesh	Company Number: 6795 / Reference Indicator: Jruthoman
Personal Details	34y / Dob - 01.01.1988 / ID - 111557831
A ☑ Male ☐ Female	☑ Married ☐ Single ☐ Separated /Divorced /Widow(er)
Home/Leave Address:	Relationship to employee ☐ Wife ☐ Son ☐ Daughter / No of Children:
Reason for Examination (tick as appropriate)	
Periodic Medical Examination ☑	Final / Retirement ☐ Other Reason: ☐
Employee only	
B Present Job and Location: HCLPar	Next Job and Location: N.MV
Are you a registered person with special needs? ☐	Do you belong to any Medical Insurance Scheme? ☐

Previous Medical History: All important medical events should be listed and dated at every medical examination. To be completed together with the interviewing Nurses or Doctor who will be able to help by referring to your notes.

Please answer the following questions and tick 'N' (no) or 'Y' (yes) in the column. If 'Y' **Please describe**

		N	Y	Description
	Have you, since your last medical been treated by your family doctor or specialist for significant (major) ailments?			
1	Ear, nose, eye or throat problems			
2	Chest problems like asthma, bronchitis, other bad cough			
3	Heart abnormality, chest pains			
4	Abdominal pains, abnormal bowel motions			
5	Urogenital problems (kidney disease, menstrual disorder)			
6	Skin trouble or allergies			
7	Epileptic fits, dizzy spells or migraine			
8	History of mental illness, depression anxiety			
9	Diabetes, thyroid disease			
10	Blood disorder e.g. anaemia, blood cancer e.g. leukaemia			
11	Any history of accidents or fractures			
12	**Have you had any serious allergies**			
13	Do any dependants have a significant ongoing illness?			
14	Any family history of cancers			
	Do you take any regular medicines, or have your taken in the past?			
	Do you smoke? If yes, what and how much each day?			
	Do you drink alcohol? If yes, what is your average weekly intake?			
	Have you ever taken elicited/recreational drugs?			
	Are you doing regular sports or physical activities?	✓		

STATEMENT: I have read the above questions and the above answers are correct and no information concerning my present or past state of health has been withheld. . I understand and agree that this form will be held as a confidential record by PDO Medical Department, and may be copied (by paper or secure electronic transmission)) to the Occupational Health Services for the purpose of Health Surveillance and other Occupational Health review .

Date: 10/07/2022

Signature of Applicant:

مركز الرسيل الصحي
P.O.Box 18,
PC 124, Rusayl
Sultanate of Oman
C.R. [illegible]
Tel. [illegible]
SAHARA ENG. & CONTR.
RUSAYL HEALTH CENTRE

Rusayl Industrial City
P.O. Box : 18, Rusayl
Postal Code : 124
Sultanate of Oman
Tel.: 24446151 / 54
Fax : 24446833

Timing : O.P.D. 7 a.m. to 5. p.m.

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RHC Rusayl Health Centre
ISO 9001 - 2015 Certified Co.

Date : 10-07-2022

LABORATORY INVESTIGATION

Name : HABIB ULLAH Sex : M Age : 34

Dr.: BUDDHIKA Company : Taurkoman

HAEMATOLOGY

Total WBC	5.2	(4000-11000cu/mm)
DC - NEUTROPHIL	56.7	(40-75%)
LYMPHOCYTE	33.1	(20-45%)
EOSINOPHIL	3.4	(1-6%)
MONOCYTE	6.2	(2-10%)
BASOPHIL	0.3	(0-1%)
ESR		(0-12mm/hr)
		(M:12-16 gldl)
		(F:11-14 gldl)
HB	15.4	(14gm/dl----16gm/dl)
RBC COUNT	5.2	(4.5-6.6Million/cumm)
Platelet count	242	(150-400cu/mm)
Bleeding Time		(3-6min)
Clotting Time		(5-10min)
HCT	40.4	(40-45%)
MCV	86	(78--92fl)
MCH	29.5	(27--32pg)
Sickle cell	-Ve	
MCHC	34.2	(31---35gm/dl)
Blood Group		

BIOCHEMISTRY

Diabetic profile

Blood sugar(fasting)	94	(70mg/dl-110mg/dl)(3.8mmol/l---6.1mmol/l)
PPBS		(80mg/dl-130mg/dl)(4.50-7.3mmol/l)
RBS		(64mg/dl-160mg/dl)(3.6mmol/l-8.9mmol/l)
HBA1C		(4--6.5%)

Lipid profile

Triglycerides	155	(upto 200mg/dl)
Total Cholestrol	186	(<200mg/dl)
HDL	41.5	(>40mg/dl)
LDL	103.2	(Up to 130mg/dl)

Liver Function test

Total bilirubin	0.82	(upto 1.0mg/dl)
SGOT	33.4	(Up to 40IU/L)
SGPT	35.8	(up to 41IU/L)
Total Protein		(6-8.3gm/dl)

Renal function Test

S creatinine	0.75	(0.7-1.4mg/dl)
Urea	25.2	(10-45mg/dl)
Uric acid	5.4	(3.4-7.0 mg/dl)

Cardiac profile

Troponine T		(>0.01ng/ml)

H.Pylori Test

Malaria Parasite

Micro Filaria

URINE ANALYSIS

Colour	pale yellow
Sp gravity	1.020
pH	6.0
Albumin	Nil
Sugar	Nil
Acetone	Nil
Bile Salts	Normal
Urobilinogen	Normal
Blood	Normal
Nitrate	Normal
Leukocyte Estrase	Normal

Microscope:

Pus cells	/HPF
RBC	/HPF
Epithelial cells	/HPF
Casts	/HPF
Crystals	
Bacteria	
Mucus-Thread	

Pregnancy Test

STOOL EXAMINATION

Colour

Consistancy

Reaction

Occult Blood

Microscopic ova

Cyst

Entamoeba

Flagellaes

Pus Cells

R.B. Cs

Epith: cells

Other

SEMEN ANALYSIS

Quantity: Reaction

Total Sperm Count million/ml

(Normal 60-150 million/ml)

Microscopic: Active motile: %

Sluggish motile: %

Dead Sperms: %

Pus Cells R.B. Cs

Epith: Cells

Morphology Normal: %

Abnormal: %

V.D.R.L./Syphilis

R.F.

HBsAg.

HCV.

HIV

P.O.Box 18, PC 124, Rusayl, Sultanate of Oman, C.R. No. [illegible], Tel. [illegible]

Medical Officer

DR. SANATH BUDDHIKA PRIYADARSHANA
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE

Lab. Technician

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FOR COMPLETION BY EXAMINING DOCTOR OR NURSE

Further details of medical history and recreational activities

N = Normal A = Abnormal (please describe)			PHYSICAL EXAMINATION
N	A		
		1. Eyes & Pupils	
		2. E.N.T.	
		3. Teeth & Mouth	
		4. Lungs & Chest	
		5. Cardiovascular System	
		6. Abdo. Viscera	
		7. Hernial Orifices	
		8. Anus & Rectum	
		9. Genito-urinary	
		10. Extremities	
		11. Musculo-skeletal	
		12. Skin & Varicose Vns.	
		13. C.N.S.	

HEIGHT	WEIGHT	BMI	B.P.	PULSE	HEARING	VISION			
							DISTANT		NEAR	
cm	kg			/mins.			R	L	R	L
173	85	28	122/76	82	L Normal R Normal	Uncorrected Corrected	6/6		6/6	

N	A		LABORATORY AND OTHER SPECIAL INVESTIGATIONS	N	A	
✓		1. Urinalysis				7. Audiogram
✓		2. Hb, Bloodcount, ESR				8. Lung Function
✓		3. LFT, RFT, RBS				9. Chest X-Ray
		4. Drug Screen				10. ECG
✓		5. Lipids (40 years +)				11. CVS risk for 40 yrs. & above
✓		6. Sickle Cell test				12. HIV, Hepatitis screening

OTHER FINDINGS (Physique, scars, disabilities, mental stability including behaviour, etc.)

Advised on smoking reduction.

ASSESSMENT AND RECOMMENDATIONS:

☑ FIT ALL AREAS ☐ FIT WITH RESTRICTION ☐ TEMPORARY UNFIT ☐ UNFIT

10/07/2022

Date: Name (Block Capitals): Dr. / Nurse

DR. SANATH BUDDHIKA PRIYADARSHAN
GENERAL PRACTITIONER
RUSAYL HEALTH CENTRE
MOH LIC NO. 16042

Signature:

REVIEW/CONSULTATION

Date: Name (Block Capitals): Dr. / Nurse Signature:

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