

Medical Fitness Certificate

Name of the Examined : Mr. LIAQAT ALI SADIQ MUHAMMAD

Age : 48YRS/M

ID Number : 104277257

Date of medical Examination: 15/04/2025

Examining physician : DR. ISLAM ATEYA

Assessment Results

The certificate is valid for 2 years from the date of medical examination

Fitness classifications:

- Fit to work without restrictions ✓
- Fit work with restrictions
- Unfit to work temporarily or definitely

FIT

Restrictions list:

- R1: Unfit to work offshore, on marine vessels and in remote locations.
R2: Unfit for Lifting and strenuous efforts.
R3: Unfit to work in certain countries, check with geo market health advisor.
R4: Unfit to work in jobs requiring precise color vision.
R5: Unfit to work in job with high level of noise.
R6: Unfit to work in high risk of malaria countries.
R7: Unfit to work in extreme heat.
R8: Unfit to work in extreme cold.
R9: Contact Geo market health advisor/International medical coordinator - there exist specific restriction.
R10: Unfit to work for a temporarily of time until further notice.
R11: Unfit to work in jobs requiring good visual acuity (eg: driving company vehicle).
R12: Fit only for defined period of time (1, 3 or 6 months) and must be reassessed and fitness redefined.
R13: Unfit to drive company vehicle.
R14: Unfit to fly long haul flights.
R15: Unfit to work in heights and confined spaces.

COMMENTS

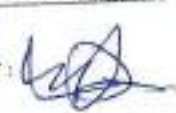
Client asymptomatic - ↑ SGPT. 73.4 U/L. ↑ Triglyceride 205. mg/dl advice change style of life. diet control repeat Test SGPT. Triglyceride after one month.

Examining physician stamp and signature

Hospital seal



CONFIDENTIAL MEDICAL TO BE COMPLETED BY THE EMPLOYEE

Med - check History form		Name:	LIAQAT ALI SADIQ MOHAMMAD		
		GIN:			
Place of examination AL Nile Hospital		Date	15/04/25		
		Mobile:	90195001		
Age: 48 yrs	Nationality: Pakistan	Blood Group	AB +ve		
☒ Male ☐ Female	☒ Married ☐ Single ☐ Separated / Divorced	Number Of Children: 4			
Do You Have You Had: (Tick "Yes" or "No" column or put a (?) if uncertain exclude minor ailments.)					
	Y	N		Y	N
1-SINUS TROUBLE		✓	21- CANCER		✓
2- NECK SWELLING / GLANDS		✓	22- HEART DISEASE		✓
3-DIFFICULTY IN VISION		✓	23- RHEUMATIC FEVER		✓
4- ANY EAR DISCHARGE		✓	24- ABNORMAL HEARTBEAT		✓
5-ASHMA / BRONCHITIS		✓	25- HIGH BLOOD PRESSURE		✓
6- HAYFEVER / OTHER SIGNIFICANT ALLERGY		✓	26- STROKE		✓
7-ANY SKIN TROUBLE		✓	27- SERIOUS CHEST PAIN		✓
8- TUBERCULOSIS		✓	28-ANY BLOOD DISEASE		✓
9- SHORTNESS OF BREATH		✓	29- KIDNEY DISEASE		✓
10- COUGHED / VOMITED BLOOD		✓	30- BLOOD IN URINE		✓
11- SEVERE ABDOMINAL PAIN		✓	31- DIABETES		✓
12- STOMACH ULCER		✓	32-HEADACHES / MIGRAINE		✓
13-RECURRENT INDIGESTION		✓	33-DIZZINESS / FAINTING		✓
14-JAUNDICE OR HEPATITIS		✓	34- EPILEPSY		✓
15- GALL BLADDER DISEASE		✓	35- JOINTS / SPINAL TROUBLE		✓
16- MARKED CHANGE IN BOWEL HABITS		✓	36-SURGICAL OPERATION		✓
17- BLOOD IN STOOLS (MOTIONS)		✓	37-SERIOUS ACCIDENT / FRACTURE		✓
18- MARKED CHANGE IN WEIGHT		✓	38- TROPICAL DISEASE		✓
19-VARICOSE VEINS		✓	39- FEAR OF HEIGHTS		✓
20- LUMP IN BREAST / ARMPIT		✓			
HOW MUCH TOBACCO EACH DAY?	0-7 Cigarettes		AVERAGE DAILY ALCOHOL CONSUMPTION	NIL	
HAVE YOU EVER TAKEN ELICITED DRUGS ? ()					
FAMILY HISTORY: DIABETES () TUBERCULOSIS () EPILEPSY () ASTHMA () ECZEMA () HEART DISEASE () HIGH BLOOD PRESSURE () STROKE () BLOOD DISEASE () CANCER () NIL					
PLEASE READ THE FOLLOWING STATEMENT AND IF YOU AGREE KINDLY SIGN IT :- I DECLARED THESE STATEMENTS TO BE TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF AND I AGREE THAT THE RESULT OF THIS MEDICAL EXAMINATION IN GENERAL TERMS MAY BE REVEALED TO THE COMPANYS DOCTORS, AND THE DETAILS SENT TO THEM BY THE EXAMINING DOCTOR.					
DATE: 15/04/25					
SIGNATURE OF APPLICANT: 					



VISUAL FIELDS:	N	COLOR VISION:	N
SPEECH:	N	SHISPER TEST:	
NEAR VISION RIGHT EYE:	6/6	NEAR VISION LEFT EYE:	6/6
DISTANT VISION LEFT EYE:	6/6	DISTANT VISION RIHT EYE:	6/6
HEIGHT: 172 cm	WEIGHT: 92 kg	BMI: 31.1	BP: 130/80 PULSE: 83

BODY SYSTEM / ORGAN	N	A	ABNORMALITY IF ANY
EYES AND PUPILS	✓		
EAR/ NOSE/ THROAT	✓		
TEETH AND MOUTH	✓		
LUNGS AND CHEST	✓		
CARDIOVASCULAR	✓		
ABDOMEN	✓		
HERNIAL ORIFICES	✓		
ANUS AND RECTUM	✓		
GENITO – URINARY	✓		
EXTREMITIES	✓		
MUSCULOSKELETAL	✓		
SKIN / VARICOSE VIENS	✓		
NEUROLOGICAL	✓		
MENTAL FITNESS	✓		
BREAST	✓		

13.4.2025
 Dr. Mohamed Saker
 General Physician



CONFIDENTIAL MEDICAL
TO BE COMPLETED BY THE EXAMINING PHYSICIAN

NAME:	AGE	SEX	COMPANY	GIN
LITIG AT ALI SADIQ MUHAMMAD	48	M	TRUCK OMAN	

PAST MEDICAL HISTORY		BLOOD GROUP	
ALLERGIES:		DATE OF INITIAL INJECTION	BOOSTER DUE DATE
VACCINATION			
HEPATITIS A			
HEPATITIS B			
TYPHOID FEVER			
INFLUENZA			
TESTS RESULTS			
AUDIOGRAM:		Normal	
DSU 5 PANEL			

ECG	Normal
CHEST X-RAY	Normal

BLOOD INVESTIGATIONS					
RBCS	5.69	4.20-6.30*10 ⁶ /UL	SGOT	44.1	MALE:10-50 FEMALE:10-35U/L
WBCS	7.340	4.0-11.0*10 ³ /UL	SGPT	73.4	MALE:UP TO 41 FEMALE:10-35U/L
NEUTRO	41.4	37-72%	GGT	57	0-50/UL
EOSINO	3.6	0-5%	FBS:	5.06	60-110 MG/DL
BASO	0.6	0-1%	CHOLESTEROL	197.8	UP TO 200 MG/DL
LYMPHO	45.4	10-58%	HDL	39.07	20-60 MG/DL
MONO	8.5	0-14%	LDL	118.0	UP TO 130 MG/DL
HEMATOCRIT	50.6	37-51%	TRIGLYCERIDES	205.3	35-175 MG/DL
HEMOGLOBIN	16.2	MALE:13.5-18.0 FEMALE:11.5-16.0G/DL	CREATININE	1.29	MALE:0.7-1.2 MG/DL FEMALE:0.5-0.9MG/DL
ESR	1.0	MALE:0-10 MM/HR FEMALE:0-20 MM/HR	URIC ACID	3.7	MALE:3.6-7.7 MG/DL FEMALE:2.5-6.8 MG/DL

URINE ANALYSIS			
BLOOD	NIL	SUGAR	NIL
ALBUMIN	NIL	OTHERS	-
STOOL ANALYSIS			
PARASITES	NIL	BLOOD	1-2

COMMENTS	↑ SGPT - ↑ Triglycerides - ↑
----------	------------------------------

EXAMINING PHYSICIAN

15-4-2025





Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE – 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642

PH : 25426665, 25426228 \ WHATSAPP:94146648

Instagram:https://www.instagram.com/alnile_medical

Tax Invoice

File Number: 25006223 Invoice No: 27077
Patient Name: LIAQAT ALI SADIQ MUHAMMAD Date: 15/04/2025 07:08:34
Id Card No.: 104277257 APT No: APT12590
Age / Gender: -- 48 (Y) / m Payer Name: TRUCK OMAN
Doctor: Dr. Islam Ateya Mohammed Sakr
Address: Nationality: Pakistan
Mobile No: 90195001

Sl.No.	Description	Code	Qty	Gross	Disc	Var%	Var	Net Amount
1	Consultation (General Physician)	CON0001	1	2.000	0.000		0.000	2.000

Total Amount: 2.000
Tax Amount: 0.000
Discount: 0.000
Net Amount: 2.000
Patient to pay: 0.0

Total Paid 0.0 Balance to be Paid 2.000 Balance to be Paid (TRUCK OMAN) 2.000

Total Amount in Words: Two Rial Only

Invoiced By: Miaad Mahmood

Payment Details:

Receipt Date	Receipt No	Amount	Pay Mode
15/04/2025 07:09:10	027641	0.0	

2025-04-15 07:09:30

End of Report



Patient Id :
Name :
Consultant :

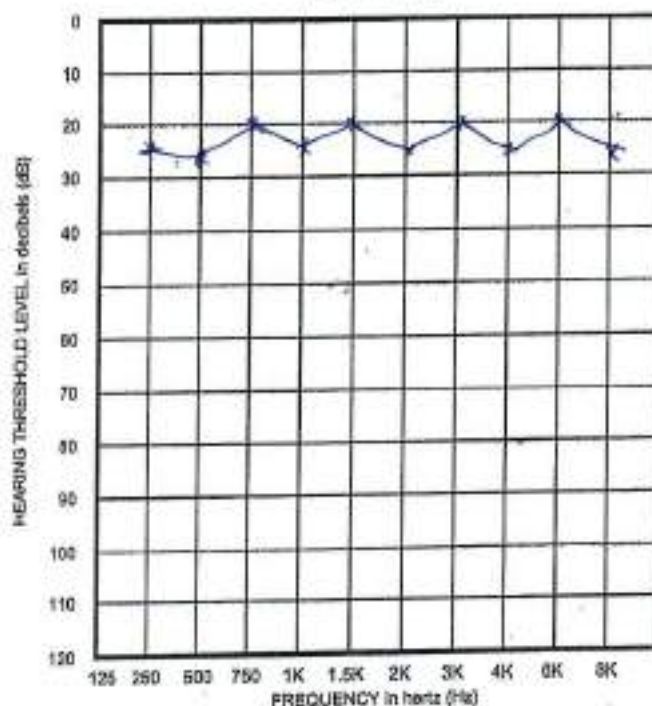
Patient Name: LIQAT MU SADIQ
File No: 25006225
Age: 48y 8m 4d
Gender: Male
Nationality: Pakistani

Dr. Islam

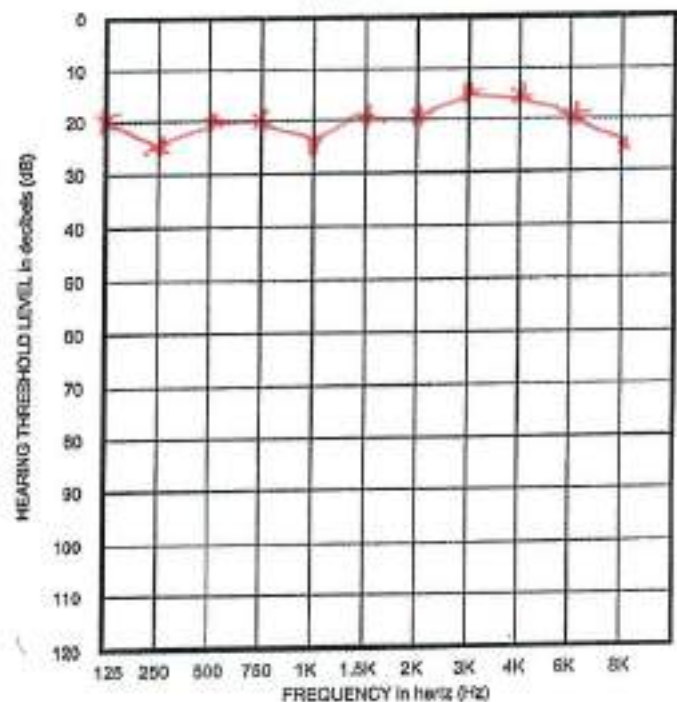
Age / Gender : 48y/M

Report Date : 15/4/25

LEFT EAR



RIGHT EAR



■ - LEFT EAR

■ - RIGHT EAR

PURE TONE AVERAGE (500-1000-2000 Hz)		
Ear	Air	Bone
RIGHT		
LEFT		

Provisional Diagnosis: Bilateral hearing sensitivity is in
within normal limits



Signature Audiologist



Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642

PH : 25426665, 25426228 \ WHATSAPP:94146648

Instagram:https://www.instagram.com/alnile_medical

Lab Report

Patient Name:	LIAQAT ALI SADIQ MUHAMMAD		Date:	15/04/2025 07:43:15
File No:	25006223	Age/Gender: 48y 8m 4d / M	Sid No:	BIM#13346
Payer Name:			Collection Date & Time:	15/04/2025 07:18:51
Insurance Card No:	--		Received Date & Time:	15/04/2025 07:43:15
Doctor:	Dr. Islam Ateya Mohammed Sakr		Reported Date & Time:	15/04/2025 08:28:46
Billing Time:	15/04/2025 07:11:21	Mobile: 90195001	Id Card No.:	104277257

Test Name	Result	Biological Reference
Complete Blood Count		
Haemoglobin	16.2 mg/dl	13.0 - 18.0
Total leucocyte count	7,340.0 Cells / Cumm	3,999.0 - 11,000.0
Differential count		
Neutrophil	41.4 %	40.0 - 75.0
Lymphocytes	45.4 %	15.0 - 45.0
Eosinophils	3.6 %	1.0 - 6.0
Monocyte	8.5 %	2.0 - 8.0
Basophils	0.6 %	< 10.0
Packed cell volum	50.6 %	< 54.0
RBC count	5.69 millions/mm	4.5 - 5.5
MCV	88.9 fl	81.8 - 95.5
MCH	28.5 pg	27.0 - 32.3
MCHC	32.0 g/dl	32.4 - 35.0
Platelet count	246,000.0 Cu:mm	150,000.0 - 400,000.0
RDW-CV	14.4 %	11.0 - 16.0
RDW-SD	46.6 fl	35.0 - 56.0
ESR(AUTOMATED)	1.0 mm/hr	< 15.0
BLOOD GROUP	AB	-
RH Typing	POSITIVE	-
BLOOD SUGAR FASTING	5.06	-
SGPT	73.4 U/L	< 41.0
SGOT	44.1 U/L	< 40.0
CHOLESTEROL	197.8 mg/dl	< 200.0
TRIGLYCERIDE	205.3 mg/dl	40.0 - 160.0
HDL CHOLESTEROL	39.07 mg/dl	40.0 - 60.0
LDL CHOLESTEROL	118.0 mg/dl	< 150.0
URIC ACID	3.7 mg/dl	3.4 - 7.0
CREATININE	1.29 mg/dl	0.7 - 1.4
Gamma-Glutamyltransferase (GGT)	57.0 U/L	5.0 - 63.0
URINE ANALYSIS		
Color	Yellow	-
Transparency	Clear	-



Al Nile
Medical Complex
مجمع النيل الطبي

P.O.BOX:300, POSTAL CODE - 611 NIZWA, SULTANATE OF OMAN C.R.NO.1128642

PH : 25426665, 25426228 \ WHATSAPP:94146648

Instagram: https://www.instagram.com/alnile_medical

Test Name	Result	Biological Reference
Specific Gravity	1.01	-
PH	Alkaline	-
Glucose	NIL	-
Acetone	NIL	-
Bilirubin	NIL	-
Blood	NIL	-
Urobilinogen	NIL	-
Protein	NIL	-
Nitrate	NIL	-
Leukocyte	NIL	-
Pus cells	1-2	-
Erythrocytes	0-2	-
Squamous Epithelial Cell	Few	-
Crystal	NIL	-
Cast	NIL	-
Bacteria	NIL	-
Others	NIL	-
Physical		
Color	Brownish	-
Consistency	Semi Formed	-
Occult Blood		-
Microscopic		
Pus Cells	1-2	-
RBC Cells	1-2	-
E-Hisolytica	NIL	-
E-Coli	NIL	-
Giardia Lamblia	NIL	-
Taenia Saginata	NIL	-
Taenia Solium	NIL	-
Schistosoma Haematobium	NIL	-
Ascaris Lumbricoides	NIL	-
Trichis Trichiura	NIL	-
Ancylostoma Duodenals	NIL	-
Others	NIL	-

2025-04-15 08:39:40

****End of Report****



Technician: Hajar Mohammed
Hussin Mousa
License No: 9245

FRAMINGHAM SCORE

Results

 Copy Results

Estimated 10 year Global CVD Risk

15.6%

Risk Category

Moderate Risk

Estimated Vascular Age

64 Years

Treatment Guidelines

ATP-III (2004)

Treatment Targets

LDL <130 mg/dL (<3.37 mmol/L)

Non-HDL <160 mg/dL (<4.14 mmol/L)

CCS (2009)

Initiate Pharmacotherapy if

LDL >3.5 mmol/L (>135 mg/dL)

TChol/HDL-C >5 mmol/L (>193 mg/dL)

hsCRP >2 mg/L in men >50 years and women >60 years

FHx and moderate risk hsCRP

Treatment Targets

LDL <2 mmol/L (<77 mg/dL) or ≥50 % decrease in LDL-C

apoB <0.8 g/L (80 mg/dL)

ESC (2007, see info for more)

Treatment Targets

LDL <3 mmol/L (<120 mg/dL)

TChol <5 mmol/L (<194 mg/dL)

AL NILE MEDICAL CENTER

<< Conclusions >>

2025-04-15 07:54:23

Name : LAIQAT ALI SADIQ MURHAM

Sex : Male Age : 48

Section : DR. ISLAM

RoomID: _____

BedID: _____

ID: _____

Operator: Shisina

Middling left axis deviation;

Report- need physician confirm



ALTO 10mm/mV

Physician: _____

10mm/mV



[I]

[II]



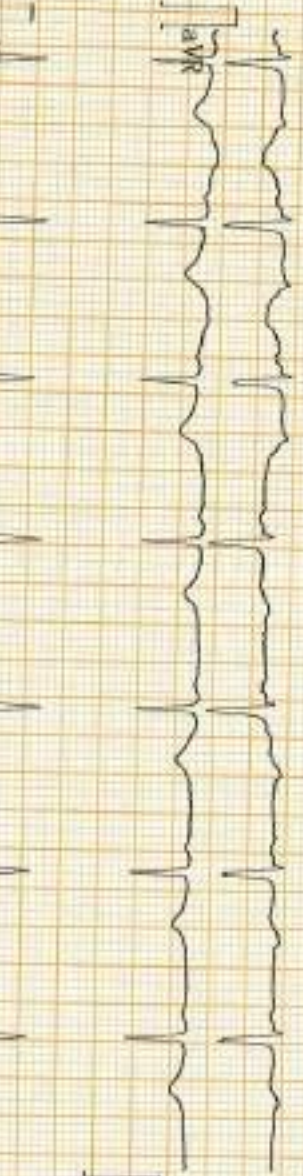
[II]

[III]



[III]

[aVR]



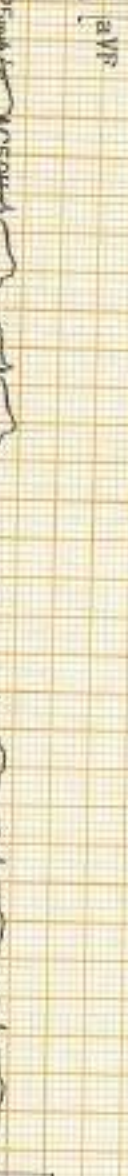
[aVR]

[aVL]



[aVL]

[aVF]



[aVF]

[V1]



[V1]

[V2]

[V3]

[V4]

[V5]

[V6]

Test: SCHLIMBERGER FITNESS TO W
Name: LAIQAT ALI SADIQ MURHAM
File No: 25006223 Age/Sex: 48/Y/M
Date: 2025-04-15 Specimen ID: 13346





Patient ID: 25006223

Name: MR. LIAQAT ALI SADIQ MUHAMMAD

Age / Gender: 48 / M

Consultant: DR. ISLAM ATEYA MOHAMMAD SAKR

Report Date: 15/04/2025

CHEST X-RAY - PA VIEW

- ❖ Both lungs are clear with no pleural effusion or pneumothorax
- ❖ Both hila are normal in size and density
- ❖ Normal cardio pericardial silhouette.
- ❖ Bones in view are unremarkable

Impression

Normal chest x-ray

